

# Virtual Support Services

For more information and to RSVP, call 561-955-5406

Individual psychosocial & nutrition counseling available



## Breast Cancer Support Group

A monthly meeting for women who have recently been diagnosed with breast cancer.

**Fourth Monday of every month  
3:30-4:30 PM \*via Zoom**

## Lung Cancer Support Group

A monthly meeting for lung cancer survivors, their families and caregivers.

**First Monday of every month  
3:30-4:30 PM \*via zoom**

## Living with Cancer Under 50 Support Group

A monthly meeting for cancer patients age 50 and younger.

**Third Thursday of every month  
5:00-6:00 PM \*via Zoom**

## Gastrointestinal Cancer Support Group

A monthly meeting for gastrointestinal cancer survivors, their families and caregivers.

**Second Thursday of every month  
4:00-5:00 PM \*via Zoom**

## Caregiver Support Group

A monthly meeting for caregivers of cancer patients.

**Fourth Thursday of every month  
4:00-5:00 PM \*via Zoom**

## Bereavement Support Group

A monthly meeting open to anyone who has suffered the loss of a loved one within the past two years. Our group is not appropriate for anyone dealing with traumatic loss or loss of a young child.

**Second Wednesday of every month  
10:00-11:00 AM \*via telephone support**

## Keeping On Support Group

A support group for patients with metastatic disease.

**First and Third Thursday of every month  
10:30-11:30 AM \*via Zoom**

## Wellness Programs

**Be U Tiful-** Teaches beauty techniques to women following a cancer diagnosis or those in active treatment.

**Second Monday of every month  
10:00 AM-Noon \*via Zoom**

**N.E.W. You!-** The N.E.W. You! program offers support for overall wellness through Nutrition, Exercise, and Wellness. We have adapted the program in the virtual setting to offer each participant an initial and 1 follow-up visit with each discipline. **First & Third Tuesday  
11:30AM-1:00PM \*via Zoom**

**Virtual Community Classes-** A variety of online community classes available to you.

**Offered weekly \*Contact for weekly schedule**



Boca Raton Regional Hospital

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