



CHRISTINE E.  
LYNN WOMEN'S HEALTH  
& WELLNESS INSTITUTE





## Mission

The mission of the Christine E. Lynn Women's Health & Wellness Institute is to provide access to personalized healthcare to all women through individualized education, screening and advanced diagnosis with the use of cutting edge technology, research and clinical excellence in a compassionate, collaborative environment.

## Vision

The vision of the Christine E. Lynn Women's Health & Wellness Institute is to be the international leader in identifying the unique needs of women in a discreet and comfortable environment. Utilizing the most advanced clinical and diagnostic services, women will participate in understanding their personal health risks and designing a lifetime plan which will optimize physical, mental and emotional well-being.

## Bi-Annual Report | 2015 - 2017

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As we prepare to publish this inaugural Bi-Annual Report, it is significant to note Boca Raton Regional Hospital, "The Miracle on Meadows Road," has now been open and serving the community for over 50 years. The Hospital was built through the generosity of local donors in response to the tragic loss of the lives of Debbie and Randall Drummond in 1962. The two children had been poisoned and unfortunately died as a result of a lack of local medical care.

Gloria Drummond made it her mission to build a local hospital so that another unnecessary loss of a precious life would never again occur. She organized the Debbie-Rand Memorial Service League, our volunteer auxiliary, that not only raised the funds to open the initial 100-bed hospital in 1967 but continues to raise funds for hospital services to this day.

In 1984, the Auxiliary funded the Debbie-Rand Pavilion to house an outpatient imaging center and cardiac rehabilitation. In 1990, a small portion of the building was redesigned as the Center for Breast Care, providing mammographic and sonographic services for women. The commitment was to provide superior diagnostic services in a safe and secure environment with special emphasis on the patient experience.

Over the subsequent 25 years, the Center for Breast Care grew to four locations and included a comprehensive array of diagnostic tools. Incorporated were clinical breast services and working closely with Dr. Louise Morrell, Medical Director of the Hospital's Eugene M. & Christine E. Lynn Cancer Institute, validating the latest technologies, offering research protocols and providing education and fellowship programs to physicians from around the world.

In 2010, to commemorate the 80th birthday of Gloria Drummond, Ms. Christine E. Lynn, local philanthropist, made a \$10 million commitment to build a new site for the Center for Breast Care. At that time, the decision was made to build on the successes of the Center and expand it to offer clinical services at one location. The new site would address women's healthcare needs through the continuum of their life from childbearing age through their golden years in one place.

This report is designed to review the activities performed and services offered at the new Christine E. Lynn Health & Wellness Institute in its first two years. Over 128,000 visits occurred, patient satisfaction sky-rocketed and major growth in physician volumes was noted in this new state-of-the-art facility. We are so proud to be part of such a unique practice and we are honored to present you with this annual report.

Sincerely,

Jerry Fedele  
President and CEO  
Boca Raton Regional Hospital

Kathy Schilling, MD  
Medical Director  
Lynn Women's Health & Wellness Institute

## Our History

In 1984, as a gift from the Debbie-Rand Memorial Service League, a modern, state-of-the-art, 25,000 square-foot building at 690 Meadows Road was constructed to house a diagnostic imaging center and cardiac rehabilitation for the patients of Boca Raton Community Hospital. Both programs were a welcome and successful addition to the services offered by the Hospital. Five years later, the decision was made to build out a dedicated space for the care of women. The goal was to provide the latest technology in a safe and secure environment with attention to patient privacy, quality personalized care with a focus on gaining patient trust through providing an exceptional experience and timelines of care. Shortly after, the Center for Breast Care was born with five employees and three pieces of imaging equipment.

In the early 1990s, a percutaneous breast biopsy program for image-detected breast lesions was launched. The Center's radiologists were early adopters of percutaneous biopsy and breast MRI. Teaming with industry leaders, the Center was able to offer experience to other physicians through publications in peer-reviewed journals. Continuing Medical Education training on a national level and fellowship programs were also established. This cutting-edge approach to breast imaging technology and patient care paved the path to current practices.

Dr. Louise Morrell joined the team in 1995 to add clinical breast services as she was a practicing medical oncologist who had focused her career on breast cancer. Dr. Morrell's significant contributions to the Center began with her providing risk assessments, genetic counseling, clinical breast exams and developing a dedicated Tumor Board for breast cancer. The Tumor Board brought



together a multidisciplinary team of physicians involved in the care of breast cancer patients to review all cases on a weekly basis and develop standardized treatment algorithms such that each patient received the highest level of care consistently from all treating physicians.

Over the years the Center was known to offer new and innovative technologies for the early identification and diagnosis of breast cancer often involving research protocols with industry partners. Services were expanded to four locations and also included the addition of a mobile mammography van for community outreach.

In 2008, the \$75 million dollar Eugene M. & Christine E. Lynn Cancer Institute (LCI) in the Harvey & Phyllis Sandler Pavilion opened its doors with breast cancer patients accounting for a significant percentage of all cancer cases. Shortly thereafter, a weekly Multimodality Clinic was instituted, affording women with newly diagnosed breast cancer to meet in one morning at one location with medical and radiation oncologists, geneticists and social support services for assessment



to develop an appropriate personalized plan for treatment of their disease. The following morning, the Tumor Board convenes to review imaging and pathology and finalize the specific treatment plan for each individual patient. This sophisticated and coordinated service has significantly reduced the time between diagnosis and treatment.

In 2010, the Christine E. Lynn Women's Health & Wellness Institute was created out of a lead gift of \$10 million by Christine E. Lynn to build a new Center for Breast Care. After much thought and discussion with Hospital administration and community leaders, the decision was made to expand clinical services in the facility. This expansion would include physicians who provide care for the common health problems women face throughout their adult life. The facility would also offer integrated wellness services. Building on the loyalty that the patients have shown the Institute for over 25 years, the vision was to establish a central location for women to have their healthcare needs met. The end result was a strikingly beautiful, 46,000 square-foot facility that was designed by women for women.

**“It’s important that the women of our community have a special place where they can go to receive top-quality compassionate care, education and support – for all of their healthcare needs.”**

— Christine E. Lynn

## Five Centers of Excellence

Thanks to the generosity of Christine E. Lynn and many other community members, the initial vision for the Institute has now become a reality. The Christine E. Lynn Women's Health & Wellness Institute will serve as a model of care that others will aspire to nationally and internationally.





## The Schmidt Family Center for Breast Care

The Schmidt Family Center for Breast Care at the Christine E. Lynn Women's Health & Wellness Institute sits at the foundation of the Institute. It includes an unsurpassed array of diagnostic tools for the early detection of breast cancer. Through individual education, screening, advanced diagnostic procedures, cutting-edge technology, research and clinical excellence, the Center is considered the leader in breast care in South Florida.

The Center has been an established institution in Boca Raton for over 25 years. The exceptional level of care delivered over these years has been achieved by utilizing a specialized team of professionals. The care begins with a team of specially trained mammography technologists accredited by the American Registry of Radiologic Technologists, and the

breast-specific sonographers who are certified through the American Registry for Diagnostic Medical Sonography. The care is then continued by a group of board-certified and fellowship-trained breast imaging radiologists with over 171 years of combined experience. Should a patient have further clinical needs, they are referred to the Director of Clinical Breast Services, Dr. Cheryl Moss-Mellman, at our Breast Health Clinic. Services in the Clinic include breast cancer risk assessments, surveillance planning and, if necessary, referral to genetic counseling and testing.

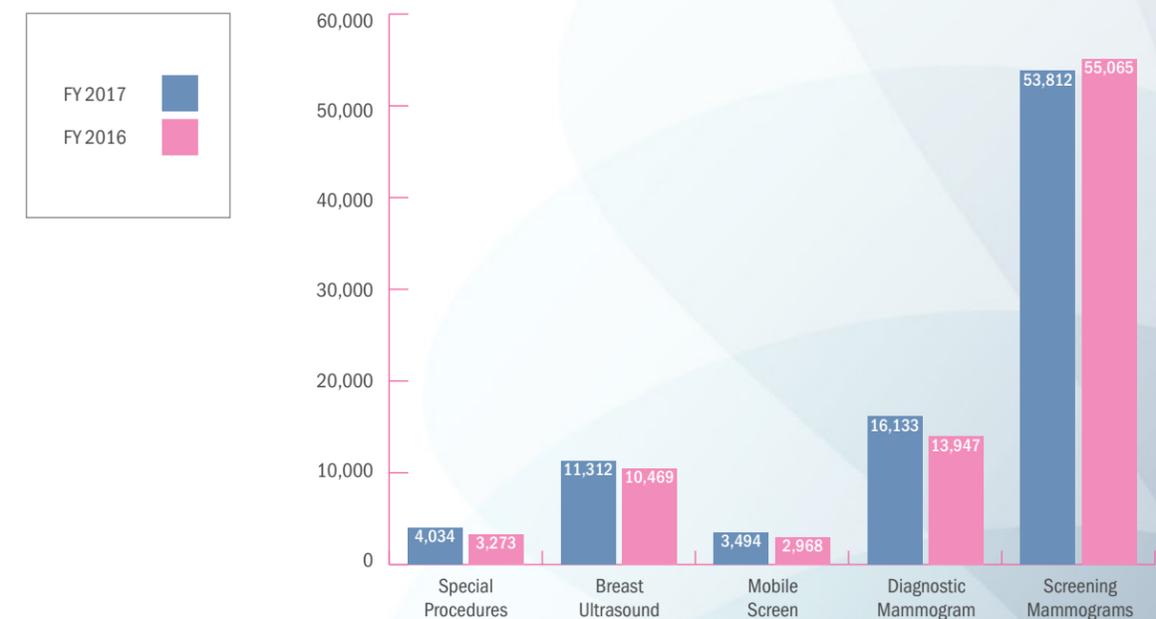
Lastly, when a patient is identified as requiring a biopsy, their care is managed and organized by a team of certified nurse navigators. Nurse navigators are patient educators, advocates, care coordinators and community ambassadors. It is their mission to provide a sound and structured support system for their patients and to also serve as a liaison to the Lynn Cancer Institute, for the continuum of care.

### Volumes and Locations

The flagship site of the Schmidt Family Center for Breast Care is the beautiful new building made possible by Christine E. Lynn and the generosity of the community. In addition, there are two satellite sites located north and south of the main building. If further work-up is needed, the follow up care is expedited at the main Boca campus. Screening mammography services are also provided on the Kathryn Krickstein-Pressel MammoVan.

During fiscal year 2016 (July 2015-June 2016) the Schmidt Family Center for Breast Care completed nearly 86,000 procedures on approximately 50,000 patients. The following year, fiscal year 2017, nearly 89,000 procedures were performed on approximately 52,000 patients. In 2017, there was a slight decrease in mammography exams as we closed our Fort Lauderdale location and relocated those patients to our Deerfield facility.

### Procedure Volumes





## Senographe Pristina™

Mammograms Just Got More Comfortable

### Technology

The Schmidt Family Center for Breast Care is the regional leader in diagnostic imaging for the identification of breast disease. It utilizes the latest technology including 2D Digital Mammography, 3D Digital Breast Tomosynthesis, dedicated breast ultrasound with ShearWave Elastography, Molecular Breast Imaging (MBI), 3T Breast MRI, Positron Emission Mammography (PEM), Contrast Enhanced Spectral Mammography (CESM) and minimally-invasive breast procedures including sentinel node injection, node mapping and radioactive seed localization and biopsy via stereotaxis, ultrasound, MRI and PEM guidance. These technologies provide patients access to the most comprehensive and extensive breast imaging diagnostic tools. In addition this advanced array of breast imaging equipment, patients benefit from a sensory-stimulating environment in each imaging suite to provide patients with an ‘experience’ by creating a spa-like atmosphere throughout the facility. The experience engages multiple senses including sight, sound and smell, in order to reduce anxiety and increase calmness. Patients report that the SensorySuites™ reduce anxiety and discomfort. The technologists and physicians also report improvement in the technical aspects of acquiring the images resulting in improved image quality with fewer retakes.

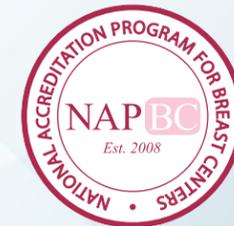
The Schmidt Family Center for Breast Care installed the first Senographe Pristina™ in the U.S. “Senographe Pristina offer patients a reinvented mammography experience, one that had not significantly changed for the last 40 years,” said Kathy Schilling, MD, Medical Director at the Institute. “After having a mammogram on Senographe Pristina, women immediately recognize a pleasant difference: it’s a faster and quieter exam with greater comfort and less pain during compression.”

Furthermore, Dr. Schilling noted, “Our goal is for all our baseline patients to have their mammograms with this new technology with the intent that it will help to dismiss any preconceived fears and encourage more compliance with annual screening.”

### Certifications

In September of 2015, the Center for Breast Care, in conjunction with the Lynn Cancer Institute, was re-accredited and granted a three-year full accreditation by the National Accreditation Program for Breast Centers. This prestigious designation by this branch of the American College of Surgeons is held by only a handful of facilities in the state of Florida. The Center was deemed fully compliant based on the 27 standards and 17 components of the survey and received special commendations for patient management program in radiation, for its support and rehabilitation services, genetic evaluation and management, educational resources and its outreach programs.

Additionally, the Center has been re-accredited by the American College of Radiology (ACR) and has been awarded its highest designation as a Breast Imaging Center of Excellence. This accreditation extends our tenure as an ACR Center for Breast Excellence until 2018.



## Kathryn Krickstein-Pressel MammoVan

The fundamental essence of The Schmidt Family Center for Breast Care is deeply rooted in the community, which provides the team with purpose and continually fuels passion for early detection of breast cancer. In order to give back to the community, breast cancer screening is provided regionally through the use of a mobile mammography van donated through the generous contribution of our local LPGA champion, Morgan Pressel. The mobile van is dedicated to her mother, Kathryn Krickstein-Pressel who passed from breast cancer when Morgan was in her teens. The MammoVan is a handicap-accessible mobile mammography vehicle that houses a state-of-the-art digital mammography unit.

This mobile entity provides outreach as far north as Port St. Lucie and as far south as Miami, spanning about 100 miles. In 2016, the MammoVan visited 195 sites and provided 3,000 procedures for women and in 2017, serviced 166 sites and provided approximately 3,500 procedures. About 50% of the sites are corporate partners who understand the importance of screening mammography and want to provide wellness initiatives to their female associates at their place of work. The MammoVan is brought directly to the employers to provide easy access during a busy work schedule. The other 50% of the sites visited are community-based programs such as health fairs, community events and wellness expos. These events are often targeted towards at-need communities where access to healthcare resources is limited.

## Financial Assistance

The Center works closely with community partners to provide financial assistance to those in need and who qualify through a series of grants. The Lynn Women's



Health & Wellness Institute has partnered with national and local grant providers including Pinkball Foundation and Susan G. Komen—South Florida Affiliate.

Pinkball “Striking Out Breast Cancer” is a grass-roots local community fundraising foundation created by one of the Institute’s mammography technologists, Michelle Stallone, R.T. (R)(M), whose passion is helping women in need. All funds raised by Pinkball benefit Boca Raton Regional Hospital’s Go Pink Challenge fund, ensuring women in need of breast care in our community have a place to seek healthcare.

The Susan G. Komen grant provided assistance for women in the community with increased awareness, education, screening and access to quality care through the end of March 2017. Through the Pinkball Foundation and Susan G. Komen grant, the Institute was able to provide 1,400 breast cancer screening and diagnostic services to at-need women in our community from 2015 through 2017.

A synergistic relationship with the community has been fostered through the Boca Raton Regional Hospital Foundation. The Foundation has pioneered an initiative known throughout the region as Go Pink. Go Pink Challenges are community-based fundraising events which support breast cancer research and imaging advancements at the Lynn Cancer Institute and the Schmidt Family Center for Breast Care. One popular community event is the Go Pink Luncheon, held every October since 2004. The event invites celebrities to speak about their private involvement with breast cancer and their personal journeys. Other events have allowed the Center to acquire the most advanced imaging tools including the Kathryn Krickstein-Pressel MammoVan, Positron Emission Mammography, Molecular Breast Imaging and 3D digital breast tomosynthesis.

## Patient Satisfaction

Patient satisfaction is paramount at the Schmidt Family Center for Breast Care and is the responsibility of every staff member to exceed our patients’ needs and expectations. To maintain the highest level of satisfaction, all staff are fully engaged in continuous improvement based on patient feedback through the Press Ganey survey.

This approach has allowed the Center to exceed all prior patient satisfaction scores, which are generated through the national Press Ganey database and measurement tools. In both 2016 and 2017, the Center averaged in the 99th percentile as ranked by Press Ganey in overall patient satisfaction.

“I had a very positive experience during my visit to the Center. The staff was kind, courteous and helpful, and the facility is outstanding.”

“Very comforting and soothing atmosphere. It felt like a fine hotel, not a hectic medical facility.”

“One of the nurses even held my hand during biopsy. It made the experience very comforting.”

— Patient Testimonials

## Same-Day Results and Nurse Navigation Services

One of the most difficult parts of a patient's experience is waiting for test results. To alleviate concerns and improve the experience, the Center provides same day results. As evidenced in the chart 1, a total of 94% of mammography/breast ultrasound patients received their results on the same day as their visit in FY 2017 compared to 92% in FY 2016. The remaining patients received their results verbally within two business days as they requested.

Moreover, when patients are recommended for a biopsy, the radiologist consults with the patient to explain the finding, display their images, discuss biopsy options, and then connects them with the nurse navigator who coordinates their care.

Reflecting Chart 2 (opposite page) in 2016, the navigation team assisted 1,455 patients to coordinate biopsy appointments and follow-up services. Of those patients, 478 were diagnosed with breast cancer, and 81 were diagnosed with high risk lesions. The following year, a total of 1,742 patients were navigated and 773 were diagnosed with breast cancer and 122 were diagnosed with high risk lesions.

The nurse navigators ease the stress for patients by arranging for surgical consultations as well as the services at the Lynn Cancer Institute such as multimodality clinics, and case presentations at tumor board. Newly diagnosed breast cancer patients are connected and transitioned to the caring and capable hands of the navigation team at the Lynn Cancer Institute.



Chart 1: Percentage of Same-Day Results

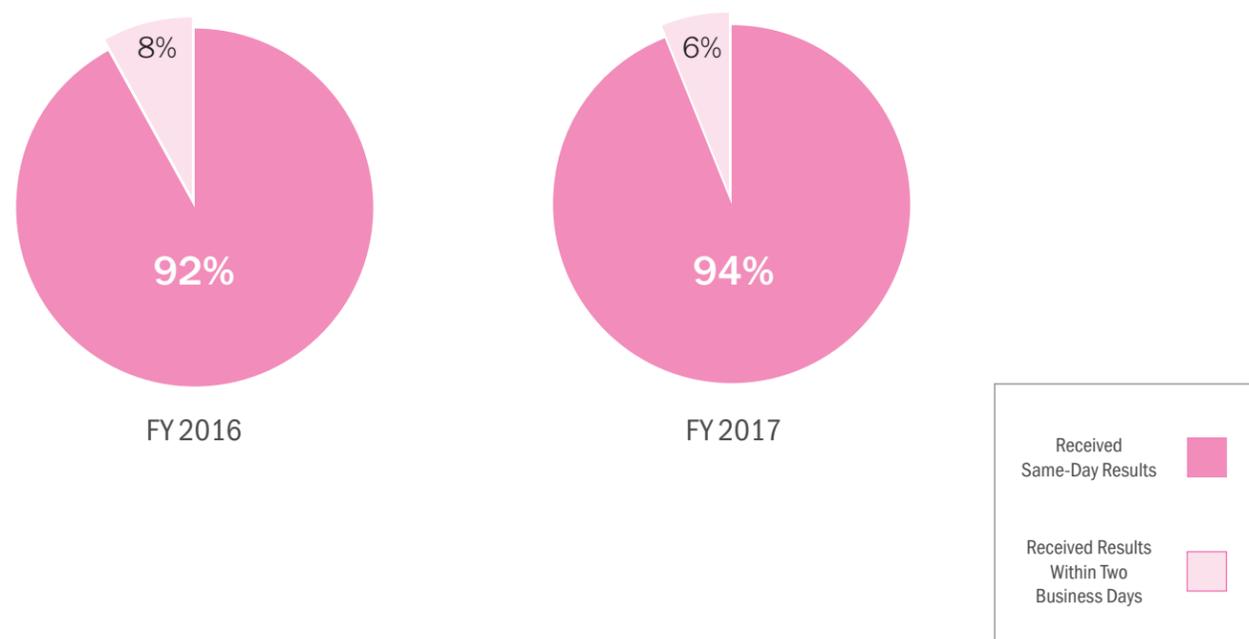
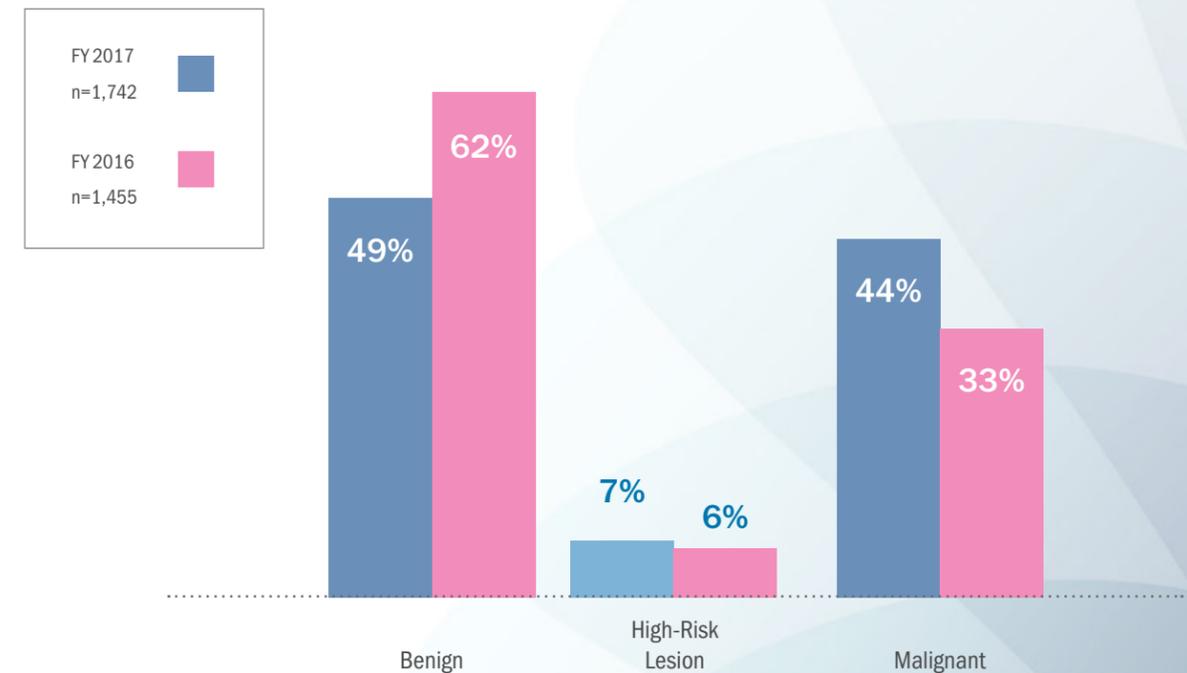


Chart 2: Outcome of Navigated Patients





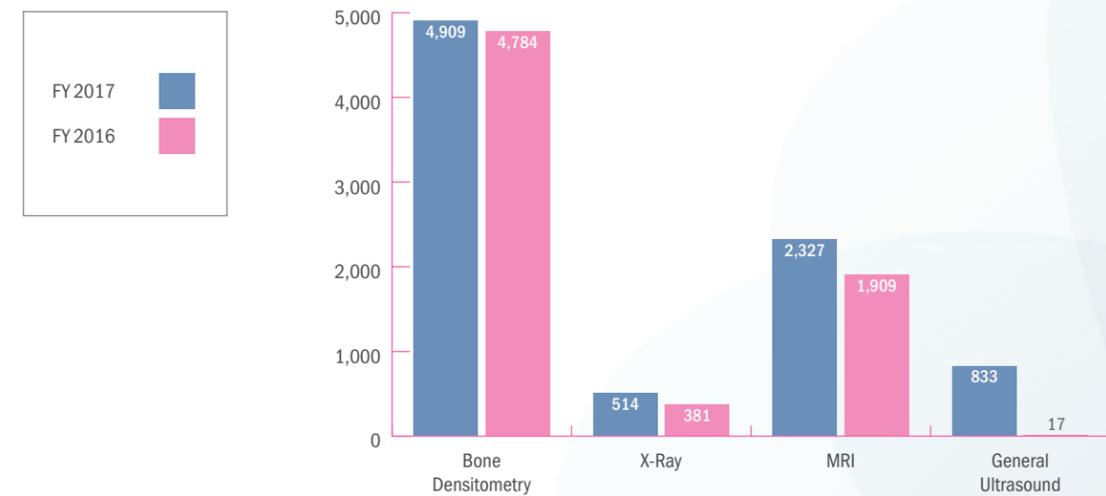
## Dr. Lee & Esther Ellman Center for Imaging

The Dr. Lee & Esther Ellman Center for Imaging located on the first floor of the Institute is the perfect blend of high tech and high touch, housing state-of-the-art imaging units in a beautiful, soothing environment. This suite is comprised of comprehensive and cutting-edge imaging services providing patients with access to the latest advancements in technology.

When the Women's Institute first opened its doors in 2015, the Dr. Lee and Esther Ellman Center for Imaging started with the 3T MRI scanner and the bone density unit. It was quickly realized that there was need to add additional services to best serve our community and customers. Over the next year and a half, digital x-ray and ultrasound services were incorporated into the Center.

Since our first year, the volume has grown over 20% due to the utilization of the services provided, and the ease of access it provides by having a comprehensive imaging center in our Institute to provide so many of the high quality radiology services needs that our customers have come to expect at Boca Raton Regional Hospital. Chart 1 depicts the procedural volume over the past two fiscal years.

Chart 1: Procedure Volumes



	<b>FY 2017</b>	<b>FY 2016</b>	<b>Variance</b>	<b>% Variance</b>
Bone Densitometry	4,909	4,784	125	3%
X-Ray	514	381	133	25%
MRI	2,327	1,909	418	22%
General Ultrasound	833	17	816	4800%
	<b>8,583</b>	<b>7,091</b>	<b>1,492</b>	<b>21%</b>

## Technology

### Lunar iDXA for Bone Health (Bone Densitometry)

The Lunar iDXA provides the data and images needed to assess bone density, fracture risk, body composition or pediatric development. It provides a clear glimpse inside the body while offering research-grade image resolution and exacting precision, designed to provide a high degree of clinical confidence across body types. This unit is tailored for advanced skeletal and advanced metabolic intuitive analysis through the use of its fat measurement health assessment.

### Discovery™ MR 750w 3.0T with Caring Suite

This MRI magnet is the most advanced 3T MRI with the largest bore on the market to generate extraordinary image quality without compromises. The result for clinicians is new levels of diagnostic performance. One feature that sets this 3T MRI unit apart from the rest is the Caring Suite which creates a soothing, harmonious environment by humanizing the MRI experience.

The suite aims to steer away from the clinical impression of a traditional MR exam by softening its look, feel and sound to make it more 'human' to patients. It features lighting, interior décor, scenery and music or sound-effects that patients can customize with their own portable media player. The patients can change lights, form, color, texture and materials to transform a cold and clinical examination area into a cozy, welcoming environment, all pioneered using imagery to help reduce stress and anxiety in patients' medical procedures. The design of the suite allows a patient to choose the audio-visual content of the MR Suite to help reduce anxiety and create an 'experience' out of their exam.

Another feature of this unit that sets it apart is its 70-inch wide bore, the largest on the market, as well as its expandable field of view that allows imaging of off-center anatomy such as hands, wrists and elbows. Currently, patients who need an MRI of those body parts have to lie on their abdomen and place their arms in front of them in the scanner, which can be uncomfortable. With the Discovery 750w, they can lay comfortably on their backs with a flexible, soft coil wrapped around the body part.

### Proteus XR Digital X-ray

The Proteus XR is a full-featured fixed radiography system designed to address almost any clinical need. It was engineered to accommodate imaging requirements through the utilization of its next-generation wireless digital detector. The Proteus features a FlashPad wireless digital detector, a single panel (non-tiled) amorphous silicon detector with a Cesium Iodide scintillator; Wireless connectivity from detector to system; a high-frequency, state-of-the-art generator; and an elevating table with a four-way floating table. With this unit, the technologist is able to complete X-ray exams for every body part. Furthermore, this unit is in close proximity to our Center for Specialty Care & Preventive Cardiology, which facilitates quick imaging exams for those patients.





## International Show Site for GE Healthcare

In 2014, GE Healthcare and Boca Raton Regional Hospital's Christine E. Lynn Women's Health & Wellness Institute forged a monumental partnership through a show site agreement. This affiliation designated the Lynn Women's Institute (LWI) as GE's only comprehensive women's healthcare facility in the entire US providing such service. This symbiotic relationship was cultivated as a result of Dr. Kathy Schilling's, Medical Director, visionary approach to the early detection of breast cancer, as well as her international acclaim for exceptional clinical expertise in the field of diagnostic imaging. In recognition of Dr. Schilling's contribution to the field of women's health, she was invited to meet with GE's CEO Jeff Immelt in December of 2013, being one of only 12 other international leaders to be selected for this special opportunity.

As an international show site, GE brings customers and partners to the Institute to view the facility, the technology, services and efficiencies that have served to cultivate Boca Regional's brand awareness nationally. GE's support demonstrates their endorsement of our capabilities, fosters our credibility as a leading healthcare institution and serves to create a landscape for continued innovation and research in the field of medicine.

GE believes in promoting innovation through partnerships with prominent facilities like the Lynn Women's Health & Wellness Institute. The partnership with GE has positioned the Institute in the forefront of women's healthcare, and allows the facility to be nationally and internationally showcased for clinical excellence. This honor elevates the Hospital's reputation to be among the ranks of other prestigious institutions and GE partners such as Mayo Clinic, Memorial-Sloan Kettering, Northwell Health, Massachusetts General Hospital and with academic organizations such as Harvard University, Purdue University and the University of Notre Dame.

## Medical Advisory Board

On June 28th and 29th of 2016, the Lynn Women's Institute hosted GE Healthcare's International Medical Advisory Board meeting (MAB). This meeting was comprised of 24 attendees who met to discuss the current state of breast cancer detection and treatment in the global environment, to discuss future innovations and concepts for increasing access to imaging resources, and methods to decrease the time from screening to diagnosis and treatment. The attendees included several prominent physicians in the fields of radiology and oncology who traveled from Italy, Germany, United States, Brazil and China. Other attendees included chief engineers, research officers and global marketing managers from GE. This meeting was exemplary of how the Institute is collaborating as a global healthcare partner. This meeting brought to light that some countries have no reliable screening programs or the required technologies to offer early detection. Specific needs of countries were addressed to incrementally improve breast cancer detection locally which was recognized by GE.

## Research

Research has been an important pillar at the Women's Institute for many years. Through involvement in many projects, the Institute has been able to effect the management of women around the world with regards to breast cancer detection and diagnosis. Over the years, imaging tools moved from mammography alone to the use of a whole array of imaging techniques which include X-ray based technology, ultrasound, nuclear medicine and MRI. Computer-aided detection is used to assist in diagnosis. We have moved from surgical diagnosis of disease to the use of percutaneous techniques with a wide range of guidance methods. Today, with many tools available, care is personalized for each patient and surveillance

plans are offered based on the individual's level of breast cancer risk. In this manner we attempt to maximize cancer detection at the earliest time it can be identified, thereby increasing treatment options and improving outcomes.

Research interests have focused on the latest technology and software being developed to improve on the early detection of breast cancer. We have been involved not only in multi-institutional projects originating in the United States but also multi-national studies involving scientists from all over the world attempting to improve the way physicians identify and treat women with breast cancer. There is an ongoing research project with our local partners at Florida Atlantic University's Charles E. Schmidt College of Medicine.

Our research team has been successful in the recruitment of subjects for these projects, which has resulted in a reputation as a welcomed research partner to members of the scientific community and industry leaders. As a result of our involvement in research projects we have publications, presentations and posters detailing our findings that have been offered not only locally but nationally and internationally as well.



## Research Projects

- » Seno Pioneer: A Pivotal Study of Imaging with Opto-acoustics to Diagnose Breast Masses Detected by Mammography: A New Evaluation Tool for Radiologists. February, 2013 – February, 2016.
- » Semaphoring 7A: A Novel Biomarker of Breast Cancer May Predict Tumor Growth and Metastasis. June, 2012 – present.
- » VPH PRISM: Virtual Physiological Human Personalized Predictive Breast Cancer Therapy Through Integrated Microstructure Modeling. March, 2013 – March, 2016.
- » ADAPT Biopsy: Assessment of Diagnostic Accuracy and Performance of Digital Breast Tomosynthesis compared to Mammography. February, 2016 – 2017.
- » Effectiveness of the Decision Support System: Transpara for Increasing Performance of Screening Mammography. June, 2017 – July, 2017.
- » Patient Assisted Compression – Impact on Image Quality and Workflow. May, 2017 – June, 2017.
- » Comparison of Abbreviated Breast MRI and Digital Breast Tomosynthesis in Breast Cancer Screening in Women with Dense Breasts. April, 2017 – present.
- » Automated Breast Ultrasound Teaching File. June 2017 – present.

## Academic Excellence

Radiologists in our Schmidt Family Center for Breast Care work exclusively with breast imaging – rendering a quality of care unmatched in the area with over 171 years of combined experience.

The Schmidt Family Center for Breast Care participates voluntarily in the American College of Radiology National Mammography Database. By submitting collected data from our screening mammography program we are able to measure our outcomes against existing national and regional benchmarks. Reports are received semi-annually and includes important data such as cancer detection rate, positive predictive values and recall rates. Information is provided by a physician, facility and physician groups. Participation offers us an opportunity for ongoing process of self-assessment and improvement. We have found through participation in this program that we meet major benchmarks and exceed many with regards to early detection of breast cancer.

The Schmidt Family Center for Breast Care has been awarded the prestigious designation as an American College of Radiology, Breast Imaging Center of Excellence (BICOE) for a period of three years. This is a voluntary breast imaging accreditation program which is offered to breast imaging centers that achieve excellence in all aspects of care including all breast imaging and biopsy modalities.

“The facility is both magnificent and welcoming. I have never felt so calm and relaxed.”

— Patient Testimonial

## Radiologists



### Kathy J. Schilling, MD

Medical Director, Lynn Women's Health & Wellness Institute

**Undergraduate Education:** Hanover College (Hanover, IN), *Bachelor of Arts in Biology*, Cum Laude

**Medical School:** University of Miami (Miami, FL)

**Internship:** Jackson Memorial Hospital (Miami, FL), *Internal Medicine*

**Residency:** Mt. Sinai Medical Center (Miami Beach, FL), *Diagnostic Radiology*

**Fellowship:** Mt. Sinai Medical Center (Miami Beach, FL), *Imaging (MRI,CT,Ultrasound)*

**Affiliate Professor of Clinical Biomedical Science** at Florida Atlantic University, Charles E. Schmidt College of Medicine



### Simone Kahn Griff, MD

**Undergraduate Education:** Barnard College, Columbia University (New York, NY) *Bachelor of Arts in Biochemistry* Hebrew University (Jerusalem, Israel)

**Medical School:** University of Pennsylvania School of Medicine (Philadelphia, PA)

**Residency:** The New York Hospital, Cornell Medical Center Memorial Sloan-Kettering Cancer Center (New York, NY), *Diagnostic Radiology*

**Fellowship:** Memorial Sloan-Kettering Cancer Center (New York, NY), *Breast/Body Imaging*

**Affiliate Professor of Clinical Biomedical Science** at Florida Atlantic University, Charles E. Schmidt College of Medicine



### Ravinder Singh Mahal, MD

**Undergraduate Education:** Wright State University (Dayton, OH) *Bachelor of Science in Biological Sciences* Summa Cum Laude

**Medical School:** Ohio State University College of Medicine (Columbus, OH)

**Internship:** University of Chicago (Chicago, IL), *Internal Medicine*

**Radiology Residency:** University of Chicago (Chicago, IL), *Diagnostic Radiology*

**Fellowship:** Mayo Clinic—Scottsdale (Scottsdale, AZ), *Women's Imaging*

**Affiliate Professor of Clinical Biomedical Science** at Florida Atlantic University, Charles E. Schmidt College of Medicine



### Lawrence H. Oliver, MD

**Undergraduate Education:** Columbia College (New York, NY)  
**Medical School:** State University of New York at Buffalo (Buffalo, NY)  
**Internship:** Long Island Jewish-Hillside Medical Center (New Hyde Park, NY)  
**Residency:** Albert Einstein College of Medicine – Bronx Municipal Hospital Center (Bronx, NY), *Diagnostic Radiology*  
**Affiliate Professor of Clinical Biomedical Science** at Florida Atlantic University, Charles E. Schmidt College of Medicine



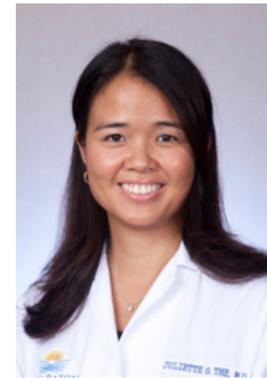
### Neelima Reddy, MD

**Undergraduate Education:** Jawaharlal Institute of Postgraduate Medical Education and Research (Pondicherry, India) – *M.B.B.S.*  
**Internship:** Maryland General Hospital, University of Maryland Medical System Intern, Baltimore, MD, *Transitional Year*  
**Residency:** Mt. Sinai Medical Center (Miami Beach, FL), *Diagnostic Radiology*  
**Fellowship:** Mt Sinai Medical Center (Miami Beach, FL), *Breast Imaging; Body/Women’s Imaging*  
**Affiliate Professor of Clinical Biomedical Science** at Florida Atlantic University, Charles E. Schmidt College of Medicine



### Matthew Saady, MD

**Undergraduate Education:** University of Virginia (Charlottesville, VA) *Biochemistry*  
**Medical School:** Medical College of Virginia (Richmond, VA)  
**Internship:** Riverside Regional Hospital (Newport News, VA) *Transitional Year*  
**Residency:** Virginia Commonwealth University, *Diagnostic Radiology*  
**Fellowships:** Virginia Commonwealth University, *Breast Imaging, Vascular and Interventional Radiology*  
**Affiliate Professor of Clinical Biomedical Science** at Florida Atlantic University, Charles E.



### Juliette The, MD

**Undergraduate Education:** University of Florida (Gainesville, FL) *Bachelor of Science in Biochemistry*  
**Medical School:** University of Florida College of Medicine (Gainesville, FL)  
**Internship:** University of North Carolina Hospital (Chapel Hill, NC), *Internal Medicine*  
**Residency:** New York Presbyterian Hospital (New York, NY), *Diagnostic Radiology*  
**Fellowship:** Memorial Sloan-Kettering Cancer Center (New York, NY), *Breast/Body Imaging*  
**Affiliate Professor of Clinical Biomedical Science** at Florida Atlantic University, Charles E. Schmidt College of Medicine



### Surya Vaidyanathan, MD

**Undergraduate Education:** Cornell University (Ithaca, NY), *Bachelor of Science in Biology*  
**Medical School:** UMDNJ-Robert Wood Johnson Medical School (Piscataway, NJ)  
**Internship:** Albert Einstein Medical Center (Philadelphia, PA), *Transitional Year*  
**Residency:** Albert Einstein Medical Center (Philadelphia, PA), *Diagnostic Radiology*  
**Fellowship:** Emory University (Atlanta, GA), *Women’s Imaging*  
**Affiliate Professor of Clinical Biomedical Science** at Florida Atlantic University, Charles E. Schmidt College of Medicine



### Maria Victoria Velasquez, MD

**Medical School:** Instituto de Ciencias de la Salud. Medellín, Colombia  
**Internship:** Instituto de Ciencias de la Salud. Medellín, Colombia  
**Residency:** Jackson Memorial Medical Center (Miami, FL), *Diagnostic Radiology*  
Instituto de Ciencias de la Salud. Medellín, Colombia  
**Fellowship:** Jackson Memorial Medical Center (Miami, FL), *Thoracic and Breast Imaging*  
**Affiliate Professor of Clinical Biomedical Science** at Florida Atlantic University, Charles E. Schmidt College of Medicine



## Jean & David Blechman Center for Women's Specialty Care and Preventive Cardiology

The Jean & David Blechman Center for Women's Specialty Care and Preventive Cardiology offers a host of clinical services, screenings and risk assessments with referral to appropriate specialists as needed. Its women's healthcare services are led by physicians specializing in breast surgery, internal medicine, cardiology, robotic surgery and breast health. Along with a team of clinical support practitioners, each of these highly respected clinicians has a special interest and expertise in caring for women.

### Breast Health Program

One of the unique services that sets the Center apart from other facilities is the Breast Health Program. The Breast Health Program is comprised of a team of experts who provide individualized recommendations for prevention and surveillance for women at elevated and average risk.

It's a common misconception that only women who have a family history of breast cancer or those who carry the BRCA gene are at high risk of developing the disease. The reality is that 75% of women who develop breast cancer are those without a significant family history and are sporadic events. Certain women have identifiable factors that may modestly or greatly impact their risk for the disease. That is why knowing the different factors that increase risk is so important.

The program includes an appointment with the Director of Clinical Breast Services, Cheryl Moss-Mellman, MD. She performs a formalized breast risk assessment to determine a woman's lifetime risk for developing the disease along with a clinical breast examination. As a result of the analysis, she provides the tools and information needed for someone to achieve the highest level of wellness.

The tools include tailored screening, prevention and risk-reduction strategies, as well as guidance and education on the potential for pharmacological intervention. Genetic counseling and referral is provided to individuals whose personal and family history raises a concern of a predisposition for breast cancer. At the conclusion of a patient's visit, a plan of follow up is provided. The breast surgeons are located in the same suite offering continuity of care.



### Cheryl Moss-Mellman, MD

Dr. Moss-Mellman is the Director of Clinical Breast Services at Boca Raton Regional Hospital's Christine E. Lynn Women's Health & Wellness Institute.

She is board-certified in internal

medicine and is a breast health specialist, focusing her practice almost exclusively on breast patients. She is an Affiliate Professor of Clinical Biomedical Science at Florida Atlantic University's Charles E. Schmidt College of Medicine and is on the Medical School Admissions Committee. Dr. Moss-Mellman is also a Diplomat of the American Board of Internal Medicine and of the National Board of Medical Examiners. She is a member of the American Society of Internal Medicine physicians and an Associate Member of the American College of Physicians.

“For years women were told they do not get heart attacks, but now we know that cardiac disease is the number one killer of women. I'm very pleased to provide a service that will benefit women and focus on an area that is so important.”

— Jean Blechman

## Surgical Breast Program

The two dedicated board-certified breast surgeons at the Jean and David Blechman Center for Specialty Care provide daily clinical and surgical services for women and men with benign and malignant breast problems. Breast surgeons are part of the multidisciplinary breast cancer team which includes radiologists, pathologists, oncologists, radiation therapists, plastic surgeons and genetics delivering the highest level of personalized care. The latest surgical techniques are offered including oncoplastic surgery which while providing excellent cancer control also optimizes the cosmetic outcome. Additionally, efforts are focused on minimizing lymph node removal and avoiding the need for second operation. As a result of coordinated and navigated care the time from the identification of an abnormality to its surgical treatment can often be achieved within 10 days.



### Robyn M. Moncrief, MD, FACS

Dr. Robyn Moncrief obtained her Medical Degree from University of Texas Medical School Health Science Center at San Antonio, Texas. She completed her General Surgery

residency at State University of New York Downstate, Brooklyn New York and St. Vincent's Hospital in New York City. Dr. Moncrief completed a Breast Surgery Fellowship at Lynn Sage Comprehensive Breast Center, Northwestern Memorial Hospital, Chicago, Illinois. She specializes in breast surgery with a special interest in the treatment of all aspects of breast disease. She is board-certified in surgery by the American Board of Surgery and is a Fellow of the American College of Surgeons. She is a member of the American Medical Association, American Society of Breast Surgeons and American Society of Breast Diseases.



### Joseph A. Colletta, MD, FACS

Dr. Joseph Colletta obtained his medical degree from Thomas Jefferson Medical College in Philadelphia, Pennsylvania. He completed his general surgery training at the University of

Miami School of Medicine, Jackson Memorial Hospital in Miami, Florida. Dr. Colletta specializes in breast surgery, with a special interest in the treatment of all aspects of breast disease. He is board-certified by the American Board of Surgery and is a Fellow of the American College of Surgeons. Dr. Colletta is a member of the American College of Surgeons, American Society of Breast Surgeons, American Society of Breast Diseases, American Hernia Society and the Florida Medical Association.



## Preventive Cardiology Program

Heart disease is the leading killer of women in America, causing one in three deaths each year. The Preventive Cardiology Program is designed to help women identify and understand their personal risk for heart disease. Despite the fact that a patient's basic labs may be normal, more detailed evaluation can help determine if there is an unidentified, but increased risk.



### Seth J. Baum, MD, FACC, FACPM, FAHA, FNLA

Dr. Seth J. Baum founded and directs the Preventive Cardiology Program at the Lynn Women's Health & Wellness Institute. He is a graduate of Columbia College and Columbia College of Physicians and Surgeons and completed training in Internal Medicine, Cardiology, Interventional Cardiology and Electrophysiology. He has directed and founded multiple Cardiac Catheterization and Electrophysiology laboratories. Dr. Baum has worked extensively in Integrative Cardiology, directing the Boca Raton division of Harvard's Mind/Body Medicine Institute.

Dr. Baum is a fellow of the American College of Cardiology, the American Heart Association, the American College of Preventive Medicine and the National Lipid Association. He is a Founding Physician/Scientist Member of the Society for Cardiovascular CT and is board-certified in Cardiovascular CT. He is also the President of the American Society for Preventive Cardiology (ASPC).



### ClearlyDerm Dermatology

ClearlyDerm Dermatology at the Christine E. Lynn Women's Health & Wellness Institute provides comprehensive dermatology services. The addition of dermatology services provided by board-certified dermatologists offers women greater ease and flexibility in obtaining their annual screenings for skin cancer along with their annual mammography. The physician team treats a full range of conditions related to skin, hair, nails and sweat glands. They also offer the latest in cosmetic dermatology including fillers, injectables, chemical peels and laser treatments.

“Staff is very compassionate and very concerned and supportive.”

— Patient Testimonial



### Andrea Colton, MD, FAAD

Dr. Colton is a board-certified Dermatologist and has a long, distinguished career in dermatology. Dr. Colton has received numerous accolades, most recently being chosen

in 2011, as one of the best Dermatologists in America by the U.S. News and World Report. She is currently on faculty at Florida Atlantic University as an Affiliate Assistant Professor of Clinical Biomedical Science in the Charles E. Schmidt College of Medicine and is involved in the dermatology education of medical students. Dr. Colton's focus is on comprehensive collaborative dermatology care and works closely with dermatology nurse practitioners to create new innovative care models that will include quality improvement and benchmarks in dermatology.



### Angela Weatherall, MD, FAAD

Dr. Weatherall is a board-certified Dermatologist. She is a Diplomate of the American Board of Dermatology, a Fellow of the American Academy of Dermatology and a member of

the Florida Society for Dermatology and Dermatologic Surgery. Dr. Weatherall has co-authored several journal articles and edited a book chapter on dermatologic medications. She is on faculty at Florida Atlantic University as an Affiliate Assistant Professor of Clinical Biomedical Science in the Charles E. Schmidt College of Medicine and is involved in the dermatology education of medical students.



## Barbara C. Gutin Center for Pelvic Health

A variety of pelvic floor disorders such as endometriosis, urinary incontinence and uterine fibroids are treated at the Barbara C. Gutin Center for Pelvic Health utilizing both surgical and non-surgical treatments. The Center's goal is to improve health outcomes and quality of life for women and men living with pelvic floor symptoms and disorders. For those patients requiring surgery, minimally invasive surgical options are available through the Irving & Barbara C. Gutin Center for Robotic Surgery at Boca Regional, the most comprehensive, experienced program in Palm Beach County.

Pregnancy, childbirth, infection, surgery, trauma and aging can lead to pelvic floor muscle weakness, tension or incoordination. Patients at the Center from adolescents to geriatrics are treated for bladder, bowel and sexual

dysfunction. Physical therapy is often utilized as a first line of treatment for conservative management of these problems caused by musculoskeletal disorders. Common conditions treated at the Center include pelvic/abdominal pain, urinary/fecal incontinence, prolapse, prenatal and postpartum concerns. Patients are referred to our specialized physical therapists by their physician with the majority of referrals coming from internists, OBGYNs, urogynecologists, urologists, colorectal surgeons and oncologists. While seventy percent of clientele are women, men are also treated for urinary incontinence, sexual dysfunction and chronic pelvic pain.

The Center's medical staff includes a fellowship-trained urogynecologist, a chronic pelvic pain specialist

and doctoral-trained physical therapists who specialize in pelvic floor dysfunction and disorders. Our physician team includes Elizabeth A. Babin, MS, MD, FACOG, FPMRS, CGE and Lee A. Learman, MD, PhD, FACOG. As a Urogynecologist, Dr. Babin offers her patients a variety of treatment options including medication, pelvic exercises, behavioral and/or dietary modifications and surgical options. Dr. Learman is a Gynecologist who focuses his practice on helping patients who suffer from chronic pelvic pain, most of whom have tried other treatment options without success.

Our specialized physical therapists understand the intimacy surrounding urologic, gynecologic and sexual dysfunction. Treatments are performed in a private and comfortable environment by specialized experts including a board-certified women's health specialist. Therapies include manual therapy, therapeutic exercise, neuromuscular re-education and patient education. Computerized biofeedback is also utilized.

With a focus beyond treatment, the Center offers support groups for patients suffering from and living with pelvic floor disorders and abdominal pain. The Pelvic and Abdominal Pain Support Group offers open discussions as well as community lectures by esteemed local healthcare providers.



**Elizabeth Babin,  
MS, MD, FACOG,  
FPMRS, CGE  
Urogynecologist**

Dr. Babin is a board-certified Female Pelvic Medicine and Reconstructive Surgeon. She received her Master of Science

in Pharmacology from the University of Arizona in Tucson, Arizona. She graduated from the University of Arizona Medical School, where she also performed her obstetrics and gynecology internship and residency. Dr. Babin completed her Urogynecology fellowship at the University of Kansas, Lincoln Center of Urogynecology in Topeka, Kansas.

She served as a Clinical Assistant Professor at Drexel University College of Medicine, Department of Obstetrics and Gynecology, Division of Female Pelvic Medicine and Reconstructive Surgery in Philadelphia, Pennsylvania, as well as the University of Medicine and Dentistry of New Jersey, Department of Obstetrics and Gynecology in Newark, New Jersey. She holds an elite certificate from the Accreditation Council of Gynecology Endoscopy recognizing her special skill in the areas of minimally invasive laparoscopy and robotic surgery.

Dr Babin authored and co-authored articles in such prestigious peer-reviewed publications as *Biochemical Pharmacology*, *Female Pelvic Medicine & Reconstructive Surgery* and *Gynecologic Oncology*. Her clinical areas of interest include incontinence, bladder and bowel; minimally invasive surgical reconstruction; robotic surgery; pelvic pain; pelvic health; prolapse and sexual health.

**“To be treated kindly and with consideration in a vulnerable state makes all the difference”**

— Patient Testimonial



**Lee A. Learman, MD,  
PhD, FACOG**

**Chronic Pelvic Pain Specialist**

Dr. Learman is a gynecologist with a clinical interest in diagnosing and treating chronic pelvic pain. His research interests include hysterectomy

techniques and predictors, effectiveness of medical and surgical treatments, and quality of life outcomes following treatments for abnormal uterine bleeding, uterine fibroids and pelvic pain. Dr. Learman is engaged in a variety of national service roles. He is an oral examiner for the American Board of Obstetrics and Gynecology; member of the ACGME Residency Review Committee for Obstetrics and Gynecology; and member of the USMLE Management Committee. He serves as faculty, advisor and Advisory Committee Chair for a national faculty development program in OBGYN – the APGO Academic Scholars and Leaders Program and is the past Chair of the Council on Resident Education in Obstetrics and Gynecology. Dr. Learman serves as the Senior Associate Dean for Graduate Medical Education Academic Affairs at Florida Atlantic University. He is President-Elect of the Society of Academic Specialists in General Obstetrics and Gynecology.



**Ashley Watts, PT, DPT,  
CLT, WCS**

**Senior Physical Therapist**

Ashley Watts holds a Doctor of Physical Therapy degree and is a board-certified Women’s Health Specialist. A native of South

Florida, Ashley completed her residency training at Duke University. Her clinical interests include dysfunction of the

pelvic floor, the genitourinary system and the colorectal system. She is also a Certified Lymphedema Therapist, treating oncologic and post-mastectomy concerns. Ashley values professional advancement and involvement; she is a member of the American Physical Therapy Association, Florida Physical Therapy Association and the Section on Women’s Health, where she serves as the Volunteer Coordinator for the organization. She is passionate about community health initiatives as well as international outreach, having traveled to Brazil, Honduras and Peru to provide physical therapy services. Additionally, Ashley enjoys teaching and education about Women’s Health intervention to physicians and the community as well as mentoring students to pursue the field of her specialty. She has presented at the North Carolina Physical Therapy Association annual conference and is a certified clinical instructor for physical therapy students.



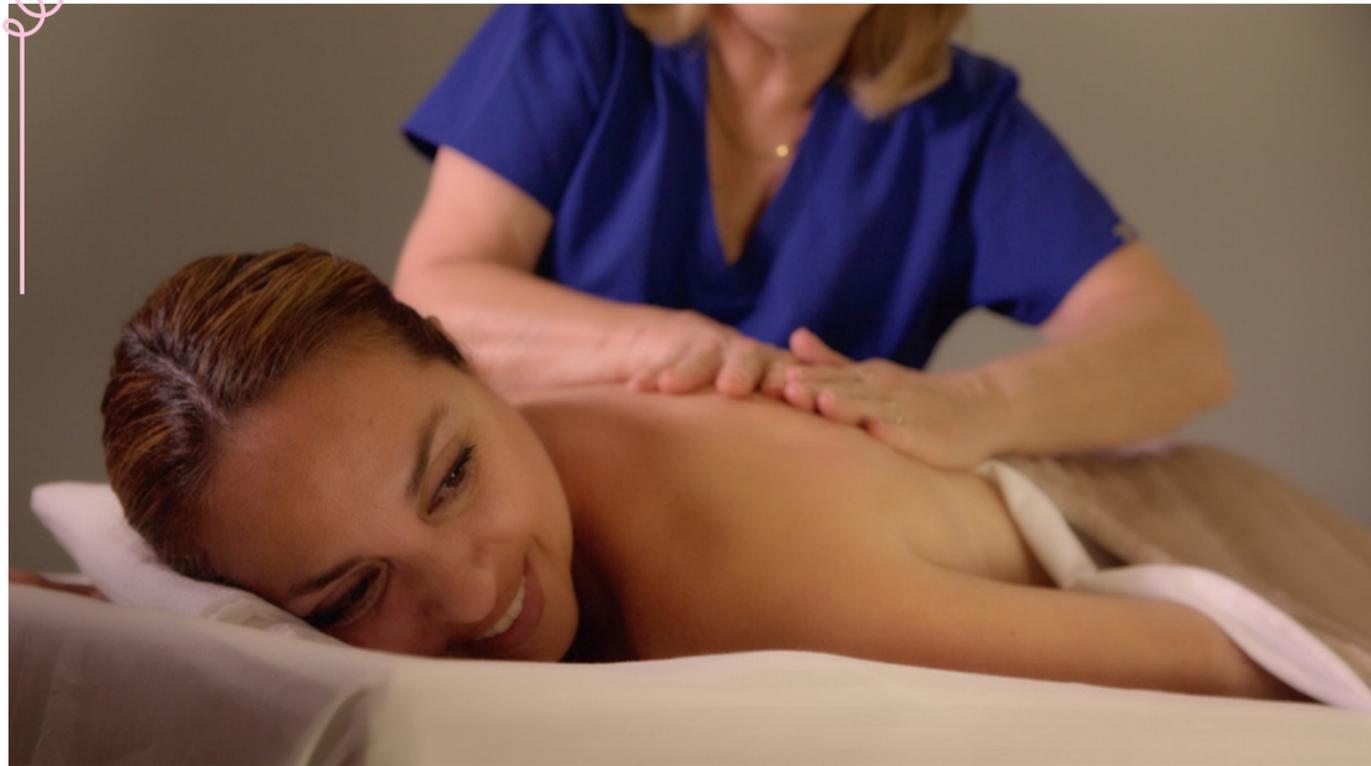
**Ariel Schumer, PT, DPT**

**Physical Therapist**

Ariel Schumer holds a Doctor of Physical Therapy degree and specializes in the treatment of pelvic floor dysfunction, sacroiliac and

pubic symphysis dysfunction, cervicogenic headache and temporomandibular dysfunction. She is a manual therapist who received her training from the University of Miami, the University of Saint Augustine, Herman and Wallace, and the Section on Women’s Health. Additionally, she has co-authored multiple journal articles on physical therapy approaches to complex musculoskeletal conditions and has presented her work at the American Physical Therapy Association Combined Sections Meeting.





## Phyllis Sandler Center for Living Well

The Phyllis Sandler Center for Living Well offers a range of wellness activities and events for mind, body and spirit. The Center hosts an array of exercise classes, community events, lectures and support groups. Massage and acupuncture are also offered in a serene, healing environment. While most programs are geared towards women, men are welcome to attend.

To stay connected with patients and the community, the Institute distributes *Touchstone News*, a quarterly electronic newsletter along with monthly events updates via email. These communications offer advanced notice on a variety of special events offered through the Phyllis Sandler Center for Living Well, as well as information on the Institute's new technology, physicians, services and classes. Patients and visitors are invited to register online or provide their email address in any of the acrylic mailboxes displayed in the Institute.

### Massage and Acupuncture

The Phyllis Sandler Center for Living Well offers licensed massage therapists with advanced certifications in medical modalities to address a patient's specific health needs. Specialty areas include oncology, lymphedema and pre-natal massage. Acupuncture, a safe, effective way to naturally treat many health concerns, is also offered as private treatments or community (group) acupuncture.

### Pre- and Post-Natal Classes

The Phyllis Sandler Center for Living Well partners with Boca Regional's Toppel Family Place to offer a variety of pre- and postnatal classes along with bi-weekly breast feeding support groups for new moms. Classes include childbirth classes, lactation education, infant CPR, Daddy Boot Camp and more.

### Yoga and Tai Chi

Yoga offers a mind and body workout that combines strengthening and stretching poses with deep breathing, meditation and relaxation. Yoga classes are offered twice weekly for the community.

Tai Chi has been called "meditation in motion." It strengthens the body's core, reduces stress and tones muscles. Class is led by Taoist Monk Yunrou, who is one of a small group of teachers worldwide who learned directly from traditional Chen-style masters.

A tai chi master, author and national public speaker, Monk Yunrou offers students a unique, personalized experience. Classes are offered twice weekly.

### Support Groups

#### WomenHeart: The National Coalition for Women with Heart Disease

This volunteer-led support group includes monthly meetings with guest speakers. WomenHeart's interactive website offers health education tools, news and virtual support groups. For women interested in serving as community educators, WomenHeart offers an annual training program at the Mayo Clinic.

#### Pelvic & Abdominal Pain Support Group

The Barbara C. Gutin Center for Pelvic Health offers a support group led by doctorate trained pelvic health physical therapists. With one in three women experiencing a pelvic floor disorder, this group offers much-needed education, support and solutions for patients.



## Peaceful Mind Peaceful Life™ Wellness Series

This special series designed to empower women to live life fully, is offered at the Christine E. Lynn Women's Health & Wellness Institute. Under the direction of Barb Schmidt, noted meditation teacher and mindfulness activist, the Peaceful Mind Peaceful Life Wellness Series features Barb and guest speakers discussing a range of topics that can enhance inner peace, happiness and well-being.

The Peaceful Mind Peaceful Life Wellness Series was launched in April 2016. To date, nearly 2,000 participants have enjoyed almost thirty workshops. Topics have included: Meditation Skills, Happiness, and East meets West in Medicine. Testimonials from our guests have noted the sessions to be truly engaging, uplifting and transformational.



## Community Education and Health Lectures

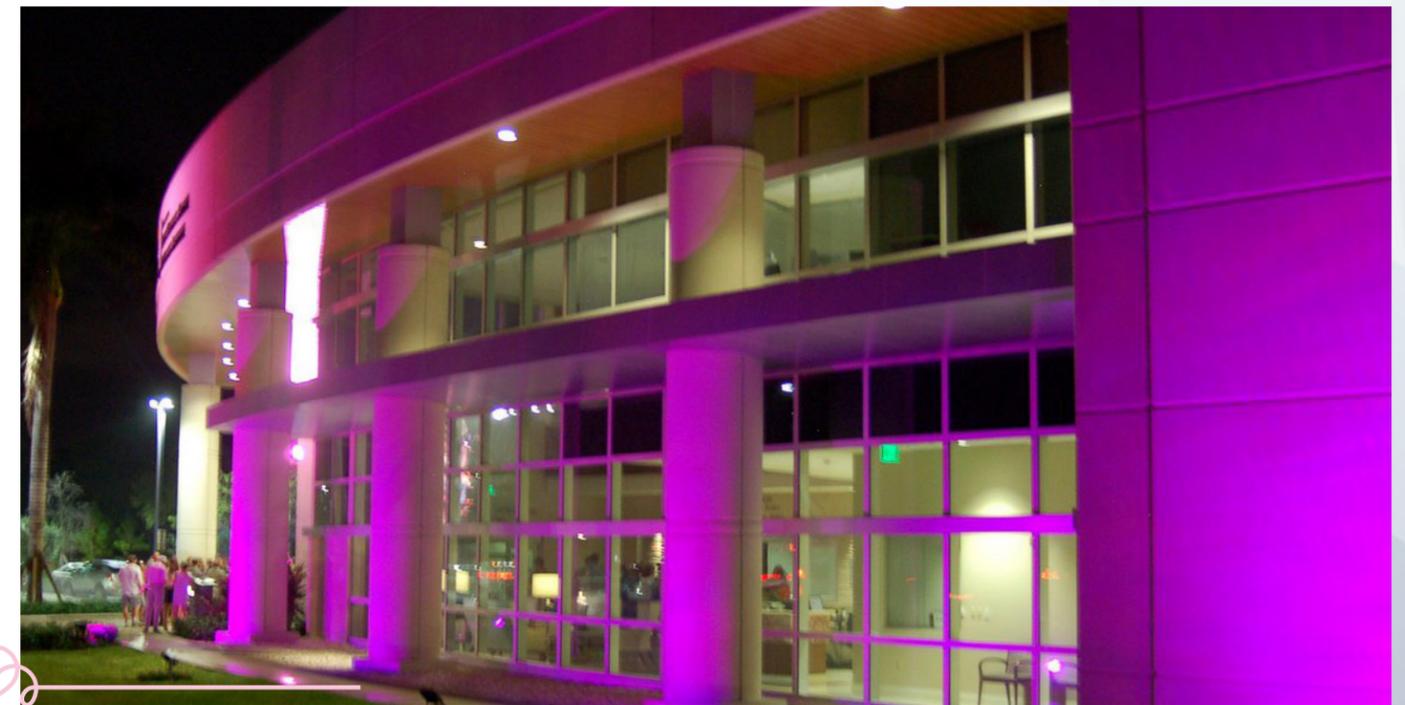
A variety of health education programs including guest speakers, prominent physicians, mental health professionals, tours and special events are offered at the Phyllis Sandler Center for Living Well. Program highlights include:

- » Nancy Cappello, PhD, Founder of **Are You Dense? Inc.**, joined the Lynn Women's Institute in October of 2016 for a special presentation for the Institute's staff as well as an evening lecture for the community. Thanks to Dr. Cappello's tireless efforts to promote breast density education and awareness, today 32 states have enacted legislation on breast density mandatory reporting. While Florida is not included on that list, Dr. Cappello recognized Kathy Schilling, MD, Medical Director at the Lynn Women's Institute, for ensuring that the Institute's patients know their breast density and have the opportunity to make an informed decision for additional screening with breast ultrasound.
- » Merle Saferstein's impactful series, **Living and Leaving Your Legacy®**, was offered in partnership by the Lynn Women's Institute and the Lynn Cancer Institute on several occasions. This engaging, interactive four-part workshop guides participants through journaling and creating their own legacy stories along with insights into structuring and creating an ethical will.
- » **Group Tours** – The Lynn Women's Institute provided a number of private tours for community groups and special programs highlighting the Institute's technology and physicians along with the full range of services available exclusively at the Institute.

- » **Women's Cardiac Screening** – Event and lecture held in February 2017. The Institute offered cardiovascular screenings and education during American Heart Month. Seth Baum, MD, Preventive Cardiologist, spoke on important medical tests for women for a healthy heart.

“I felt like I was a member of the family.”

– Patient Testimonial



- » **Light the Building Pink** – In October 2016, the Institute held a special ceremony for its employees and their families to mark the beginning of Breast Cancer Awareness Month. Christine E. Lynn, Chair of the Hospital Board of Trustees, presided over the ceremony and had the honor of lighting the building pink for the month of October.

## Recognitions

Boca Raton Regional Hospital has had the most primary-affiliated physicians of any hospital in Palm Beach County recognized as “Top Doctors” by Castle Connolly Medical Ltd., a research firm specializing in providing consumers with information about the nation’s best doctors and hospitals. The Lynn Women’s Health & Wellness Institute is proud to acknowledge its physicians who received this recognition:

**Seth J. Baum, MD, Cardiovascular Disease**

**Joseph A. Colletta, MD, Breast Surgery**

**Robyn M. Moncrief, MD, Breast Surgery**

## Publications

Schilling, K. Shear Wave Elastography and Breast Imaging. Diagnostic Imaging Europe: March 2016.

Simulation and Visualization to Support Breast Surgery Planning. Georgia J, Harz, M, Stoecker C, Rothgang M, Colletta J, Schilling K, Schlooz-Vries M, Mann R, Hahn H K: June 2016

Schilling, K. Downgrading & Upgrading Gray Scale. Ultrasound BIRADS Categories of Benign and Malignant Masses with Opto-Acoustics. A Pilot Study, Pending Publication.

## Presentations

Shakira Sarquis Kolber: Effect of Environment on Mammography Outcomes: RSNA 2015.

Molecular Breast Imaging as Adjunct in Patients at Increased Risk for Breast Cancer and/or Dense Breast Tissue and When Findings are Inconclusive: Initial Clinical Experience. European Society of Breast Imaging Annual Meeting 2016: Accepted Abstract.

Vicky Velasquez: Actualidades en Diagnostico y Tratamiento de Cancer de Mama: Mexico, July, 2015.

Vicky Velasquez: Instituto Nacional de Perinatologia IV Curso-Taller de Imagenologia de la Mujer: August, 2015.

Vicky Velasquez: Asociación Colombiana de Mastologia XVII Congreso Latinoamericano de Mastologia: October, 2015.

## Future Plans

The Christine E. Lynn Women’s Health & Wellness Institute has had a tremendously successful first two years. Future plans as we continue to advance women’s health in our community include:

1. Collaborate with the **Christine E. Lynn Heart & Vascular Institute** – Recruit a physician dedicated to the advancement of the Preventive Cardiology Program. Heart disease is even more important than breast cancer in defining the health of the women of our community. Secondly, encourage their interest in initiating a Cardio-Oncology program to support our many patients at risk for cardiovascular disease as a result of cancer treatment. Finally, develop a method to recruit patients to this program from the large patient base at the Schmidt Family Center for Breast Care.
2. Support the **Eugene M. & Christine E. Lynn Cancer Institute** – At the Lung Cancer Screening Project utilizing Low Dose CT underway at Lynn Cancer Institute in an attempt to identify lung cancer in patients at risk through screening patients as they obtain services at the Schmidt Family Center for Breast Care.
3. Support the **Marcus Neurosciences Institute** – Collaborate more closely with the physicians at Marcus Neuroscience Institute to care for women facing chronic headaches, Multiple Sclerosis or other neurological disorders.
4. Increase participation in **research and clinical trials**.
5. Identify additional alliances possible at Boca Raton Regional Hospital, Florida Atlantic University’s Charles E. Schmidt College of Medicine and local businesses or groups to improve the health and wellness of the women of **our community**.
6. Develop a **“Moving Forward”** clinic for women who have completed breast cancer treatment under the direction of Dr. Cheryl Moss-Mellman in the Jean and David Blechman Center for Specialty Care and Preventive Cardiology. The intent of the clinic will be to offer support to women who are no longer under the care of a surgeon, medical or radiation oncologist. Patients will be monitored for recurrent disease through personalized screening measures and will be screened for other common diseases. Individuals will be assessed for side-effects from cancer treatment and offered services to improve their overall health and well-being as provided at Boca Raton Regional Hospital

# Photo Gallery



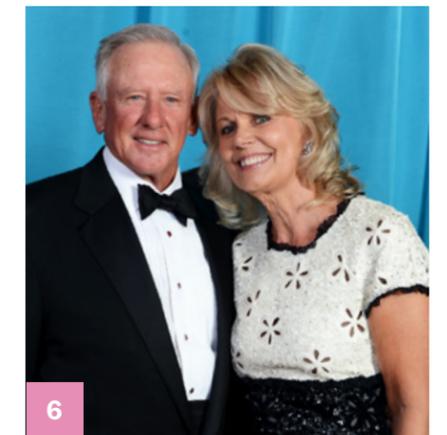
Groundbreaking ceremony

(left to right) Richard Schuller, Jan Savarick, Jerry Fedele, Christine E. Lynn, Warren Orlando, Phyllis Sandler, Robin Rubin, Amy Ross, Jean Blechman, Barbara Gideon

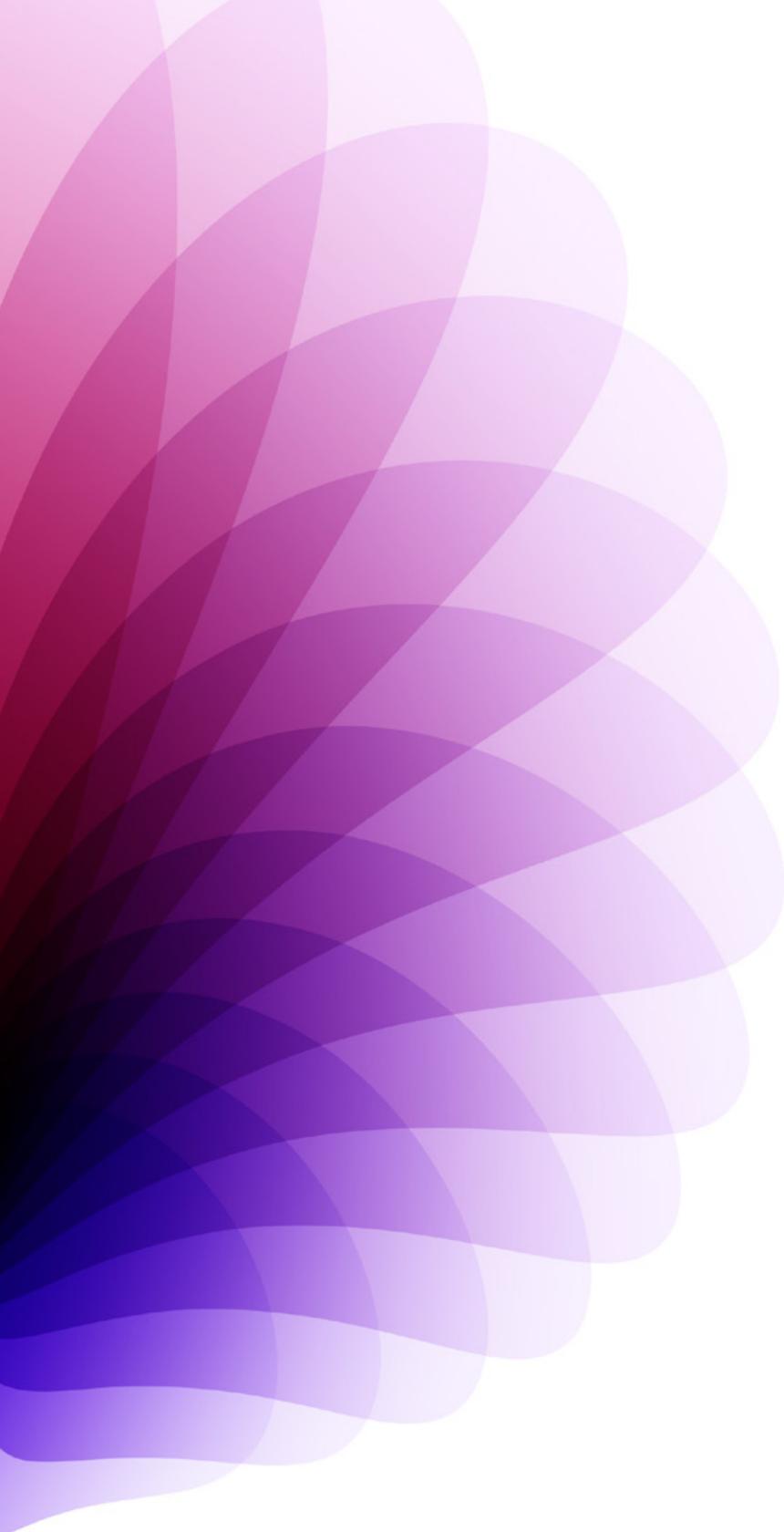


The Go Pink Luncheon provides an opportunity to build awareness of the capabilities available at the Institute. We have one of the nation's leading programs for women's services, right here."

— Freyda Burns (center)  
(pictured with Amy Robach and Andrew Shue),  
The Edward & Freyda Burns Enhanced Living Initiative,  
has underwritten Go Pink Luncheon speaker for the past 14 years



**1.** Patti Carpenter, Martin Short, Mark Larkin **2.** Marleen Forkas, Joseph Colletta, MD, Kathy Schilling, MD **3.** Amy Ross, Phyllis Sandler, Robin Rubin **4.** Jean with son Brian Blechman **5.** Christine E. Lynn, Patti Carpenter **6.** Richard and Barbara Schmidt **7.** Morgan Pressel **8.** Barbara C. Gutin **9.** Lou and Anne Green



BOCA RATON  
REGIONAL HOSPITAL

CHRISTINE E.

LYNN WOMEN'S HEALTH  
& WELLNESS INSTITUTE