



  
BOCA RATON  
REGIONAL HOSPITAL  
DEBBIE-RAND MEMORIAL  
SERVICE LEAGUE, INC.

JAN./FEB. 2019  
**InnerView**

THE NEWSLETTER OF THE DEBBIE-RAND MEMORIAL SERVICE LEAGUE

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## Operation Care Program Collected Holiday Gifts for Cancer Patients

Boca Raton Regional Hospital student volunteer, Alaina Tillman, distributed holiday gifts to cancer patients of the Eugene M. & Christine E. Lynn Cancer Institute through her Operation Care Program initiative. The Operation Care Program collects holiday gift bundles from the community consisting of blankets, fuzzy socks, lip balm and a variety of other self-care/treatment items. In its second year, the program collected enough gifts for over 150 holiday gift bundles. Recipients of the bundles are patients undergoing various cancer treatments at the Lynn Cancer Institute.

# MEMBERS CORNER

## MEMBERSHIP REPORT: NOVEMBER 2018

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### Active Members

General: 387

TAV: 153 | College: 60 | Life: 13

### Inactive Dues-Paid Members

General: 165 | College: 103

Life: 128

**Total: 1,009**

## Hours Report:

### TEENAGE VOLUNTEERS (TAV):

1,691.02 hours

154 TAVs

### COLLEGE VOLUNTEERS:

690.39 hours

55 volunteers

### ADULT VOLUNTEERS:

9,238.92 hours

377 volunteers

### TOTAL:

11,620.33 hours

586 volunteers

## MEMBERSHIP REPORT: DECEMBER 2018

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### Active Members

General: 383

TAV: 136 | College: 46 | Life: 13

### Inactive Dues-Paid Members

General: 180 | College: 113

Life: 128

**Total: 999**

## Hours Report:

### TEENAGE VOLUNTEERS (TAV):

1,600.07 hours

134 TAVs

### COLLEGE VOLUNTEERS:

542.25 hours

38 volunteers

### ADULT VOLUNTEERS:

7,712.08 hours

365 volunteers

### TOTAL:

9,854.40 hours

537 volunteers

## January Volunteer of the Month



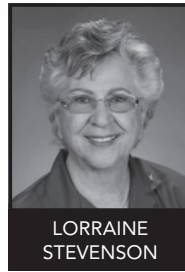
MARY  
HURLEY

Before she became a D-RMSL Volunteer, Mary was a longtime employee at Boca Regional in the Hospital's Central Supply/ Telemetry Department. Originally from White Plains, New York, she moved to Boca Raton when her family relocated here over 30 years ago. She has three brothers, one of whom lives in Delray Beach.

Uncertain of what to do with her time when she retired, she did some volunteering at her church. It was there that she was encouraged by a fellow church member and D-RMSL Office employee to consider returning to the Hospital as a volunteer. Mary did so in 2012 and since then, has accrued over 2,400 hours volunteering two days a week. On Wednesdays, she escorts patients to the treatment areas at the Gloria Drummond Rehabilitation Institute and on Mondays, she is at One Family Place, helping out by making up informational packets for parents of newborns and doing other clerical duties.

Mary likes meeting many people and seeing those she used to work with at the Hospital. Her volunteering role allows her to do both. On the Volunteer of the Month nomination form, staff commented that Mary is kind and caring, goes out of her way to help anyway she can, and by doing so, makes a big difference in the lives of others.

## February Volunteer of the Month



LORRAINE  
STEVENSON

Lorraine moved from New Jersey to Boca Raton in 1971 when her husband received a job transfer. Upon her husband's retirement in 2003, they moved to Port St. Lucie. She moved back to Boca Raton in 2015 to be near family, after her husband of 45 years, Robert, passed away.

Lorraine's educational background was in clinical laboratory technology. She worked in several hospital laboratories in New Jersey. After moving to Boca Raton, she began a new career in real estate and property management, and later in cellular phone services. Lorraine volunteered at Sarah's Kitchen, which provides food to those struggling financially. She also volunteered occasionally with Boca Helping Hands. She has been a D-RMSL Volunteer in the Hospital's Surgi-Center for over a year now, and has accrued close to 500 hours of service. Lorraine states, "Volunteering in a hospital was a comfortable fit because of my background in hospital labs. It is like returning to a family." Lorraine also finds joy in giving back to others through volunteering and enjoys meeting many new people.

Lorraine has three children, two of whom with their spouses, live in Boca Raton, and a son and his wife close by in Georgia. A sister and two nephews also live in Boca which is important to her as Lorraine enjoys being with family.

## Welcome New Volunteers

Oriana Bohorquez	Mallory Graham	Natasha Lomnitz	Jungwoo Park	Stephanie Siegel
Kaitlyn Braica	Anastasia Grishkina	Alexandra Longa	Maria Prieto	Sarah Souza
Lily Cao	Meyer Haberman	Corinne Lucido	Rodrigues	Sophia Souza
Ashley Carlins	Panagiota Kiassou-	Neha Madamachi	Tatyana Quinlan	Kimberly Tran
Britney Chiarelli	Raptis	Bob Mahoney	Zed Rezende	Allison Tresner
Gabriele Cohen	Alec Landau	Joseph Mendonca	James Robertson	Courtney Wilkison
Michael Coleman	Connie Lesser	Looven Michaud	Talia Rottier	
Megan Deshommes	Monique Levert	Marla Minkoff	Jerome Schindler	
Stacey Faber	Herma Leyden	Isabelle Munar	Myra Schindler	
James Fernandez	Marissa Lippinkhof	Debra Neuman	Birendra Seenath	



## Holiday Open House

In December, the Debbie-Rand Memorial Service League's Board of Trustees held a Holiday Open House in the main lobby of the Hospital. A menorah and Christmas tree were on display with the annual cookie contest which followed.

Congratulations to our D-RMSL Volunteers who make our annual Holiday Open House even sweeter by providing holiday cookies and treats for Hospital staff and visitors.

1st Place \$75 winner – Helen Klebanoff for her "Seeded Crunch Bars"

2nd Place \$50 winner – Nancy Coakley for her "No Bake Godiva Chocolate Cookies"

3rd Place \$25 winner – Mary Watts for her "Chocolate Chip M&M Cookies"

## First Place Winner's Seeded Crunch Bars Recipe

### Ingredients:

1/4 cup chia seeds	12 ounces (2 cups) milk chocolate chips	1½ cups Rice Krispies Cereal
1/4 cup hemp seeds	12 ounces (2 cups) semisweet chocolate chips	1 teaspoon flake sea salt

### Directions:

**Step 1:** Line an eight-inch square baking dish with parchment paper. Mix chia and hemp seeds in a small bowl. Set aside two tablespoons of seed mixture for the topping.

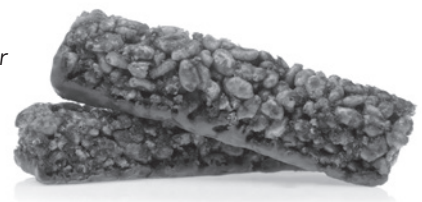
**Step 2:** Microwave chocolate chips on high until melted, about 90 seconds, stopping to stir every 30 seconds. Let cool slightly. Gradually add seed mixture and cereal to melted chocolate, stirring until combined.

**Step 3:** Spread mixture into prepared baking dish and smooth the top. Tap bottom of dish firmly on a surface to release any air bubbles.

**Step 4:** Top with salt and reserved seed mixture. Refrigerate until set, about 30 minutes. Let stand at room temperature for 10 minutes before slicing. Store tightly covered in refrigerator for up to two weeks.

Source:

<https://www.realsimple.com/food-recipes/browse-all-recipes/seeded-crunch-bar>



# Debbie-Rand Memorial Service League's Holiday Open House

Wednesday, December 5 | Hospital Main Lobby



# TAV Spotlight

## D-RMSL Teenage Volunteer Service Excellence Award



Abigail was born at Boca Raton Regional Hospital in 2001, and returned to the Hospital as a D-RMSL TAV in 2016. Home schooled for much of her education, she enrolled at Highlands Christian Academy in Pompano Beach for her junior and senior year of high school. Mathematics and science classes have always been her favorite courses and she is planning on majoring in biology with a pre-medical emphasis when she attends a university. She wants to complete a program of study to become a physician or a physician assistant. At her high school, Abigail is involved in the theater program and in student government, serving as class president for the past two years. She is a member of the National Honor Society, the Quiz Club, and the International Thespian program. Abigail also plays soccer and takes voice lessons.

Abigail volunteers in Transportation Services where she has accrued over 450 service hours. She thoroughly enjoys the patient interactions and the smiles she sees on patients' faces when she delivers a floral arrangement or get well gift. She states, "When I bring flowers or a gift, it brightens their day. It may simply be a smile, but it seems to make them feel better."

Abigail lives in Deerfield Beach with her family which includes two younger sisters and two dogs. She has volunteered at her church and in the summer, worked as a lifeguard at Quiet Waters Park.

## Teenage Volunteers Fall Welcome Party

In December, the Debbie-Rand Memorial Service League welcomed our new teenage volunteers at our annual welcome party. These teens make a difference to our Hospital while earning community service hours for school.



## Handwashing Reminder

Remember, it is the expectation that all staff and D-RMSL volunteers must wash in and wash out of all patient rooms (even if you did not touch a patient). Regular handwashing, particularly before and after certain activities, is one of the best ways to remove germs, avoid getting sick and prevent the spread of germs to others.

**It's quick, it's simple and it can keep us all from getting sick. Handwashing is a win for everyone, except the germs.**



## Debbie-Rand Memorial Service League Thrift Shoppe's Grand Reopening

The Debbie-Rand Memorial Service League Thrift Shoppe's grand reopening took place on Friday, January 18. Come out to see the newly remodeled Thrift Shoppe and newly designed layout.

Check out our designer boutique with designer clothes, shoes and handbags. We have high-end brands such as Escada, St. John, Prada, Jimmy Choo, Salvatore Ferragamo, Bruno Magli, Christian Louboutin, Louis Vuitton and more, as well as gold and silver jewelry. We carry a wide variety of furniture, clothing, linens, books, houseware and children's clothes and toys.

Store Hours: Monday thru Saturday 9:00am – 4:00pm  
903 Meadows Road, Boca Raton, Florida 33486 | 561.395.2208.

Take an additional 10% off our already low prices through February 7.

**You'll love the Treasures you find.** All proceeds benefit Boca Raton Regional Hospital.

Making Headlines is an effort to keep all of our employees, physicians and volunteers informed about news regarding the Hospital.

This section provides you with a list of recent press releases that have been submitted to the media, as well as to our local civic leaders and government representatives.

To review any of our press releases online, visit BRRH.com. You'll find all of our current announcements on the home page.

**December 10, 2018**

Boca Raton Regional Hospital and Baptist Health South Florida Agree on Letter of Intent

**December 18, 2018**

Boca Raton Regional Hospital Bond Rating Upgraded to A-

**December 20, 2018**

Boca Raton Regional Hospital Celebrates 10-Year Anniversary of the Harvey & Phyllis Sandler Pavilion

**January 15, 2019**

Boca Raton Regional Hospital Announces \$250 Million Campaign

# Reorientation Schedule

## Time to Prepare for The Joint Commission Compliance

As in past years, we will have mandatory orientation sessions for all D-RMSL volunteers. In order to remain in active status you must attend this important presentation. Kathy Davis, ARNP, Employee Health Nurse, will be on hand 10 minutes prior to each orientation to administer Tuberculosis (TB) tests to volunteers who have patient contact and who require the screenings. Each session will last approximately 60 to 90 minutes. Light refreshments will be served. Classes are available on the following dates in Dawson Theater:

DATES	TIMES
Tuesday, February 26	2:00pm <b>and</b> 4:00pm
Wednesday, February 27	10:00am <b>and</b> 2:00pm
Thursday, February 28	10:00am <b>and</b> 4:00pm



## In Memory Of Irving Ginsberg

It is with much sadness to learn that one of our volunteers who has been with us since 2003, Irving Ginsberg, passed away over the holiday season.

Irving gave 3,754 hours of service in various areas of the Hospital. He served primarily in the Radiology Department greeting patients and family members, helping them check in and calling to ensure they were in the proper area for treatment. Those he worked with in Radiology described him as very kind and loving, a compassionate person towards all patients and visitors, talked to everyone and was always helpful. In January 2018, he was nominated and selected as a D-RMSL Volunteer of the Month. Ninety-two years young, Irving still enjoyed traveling. He was on a cruise with friends, dancing and enjoying life when he became ill.

Thank you, Irving, for your wonderful service to D-RMSL and Boca Raton Regional Hospital. You are sorely missed by those you served.







## Our Shining Stars

D-RMSL Volunteer, Sydney Rotman, was recognized by the staff of the Hospital's Emergency Department for, "going above and beyond to assist with a very difficult patient. The entire time she remained very pleasant and kind. She listened to the patient and attempted to soothe her while continuously looking for alternatives to provide her support. She is a very pleasant individual and the ER is very appreciative of her help. Thank you, Sydney!"



D-RMSL Volunteers, Jim Murphy and Lorraine Stevenson, were acknowledged by a daughter of a 102 year old patient who was undergoing a procedure at the Hospital. The daughter wrote, "I wanted to take a moment to thank these Volunteers. The Hospital is privileged to have them. I would appreciate it if you would extend to them my personal appreciation for their warm, kind and very professional manner in helping me yesterday. You must be very proud to have them on your Team and if we had more of them, what a better world we might have."

## Valentine's Day Sale Offered by Debbie-Rand Memorial Service League's Gift Shop

The Debbie-Rand Memorial Service League Gift Shop will offer a gift with purchase, additional discounts on all Valentine's Day items and refreshments through February 14. We also offer complimentary gift wrapping for all purchases.

The gift shop's hours of operation are:  
Monday through Friday • 9:00am to 8:00pm  
Saturday – Sunday • 9:00am to 4:00pm

For additional information, please call 561.955.4100 to speak with a knowledgeable gift shop volunteer.



## JANUARY

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## FEBRUARY

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

### JANUARY / FEBRUARY 2019 Meetings, Events & Important Dates:

**MARTIN LUTHER KING JR. DAY**  
MONDAY, JANUARY 21

**GROUNDHOG DAY**  
SATURDAY, FEBRUARY 2

**LINCOLN'S BIRTHDAY**  
TUESDAY, FEBRUARY 12

**VALENTINE'S DAY**  
THURSDAY, FEBRUARY 14

**PRESIDENT'S DAY**  
MONDAY, FEBRUARY 18

**WASHINGTON'S BIRTHDAY**  
FRIDAY, FEBRUARY 22

# TAV Scholarship Forms Available

Scholarship forms are available in the Volunteer Office for eligible high school seniors. Criteria can be found on the application form. Applications must be postmarked by March 15, 2019 for consideration. The number of scholarships as well as the amount will be based on the number of applications submitted.

If applying, please be aware of the following criteria:

1. Only active at time of application and Board review high school seniors in good standing are eligible to apply.
2. Adherence to all rules and regulations at all times as set forth in the TAV orientation package given during orientation. This includes proper attendance, D-RMSL uniform, identification badge and award pins, proper conduct and attitude. Excessive absences will impact eligibility.
3. A minimum of 200 hours of Boca Raton Regional Hospital volunteer service performed prior to applying for the scholarship.
4. Financial need is established. There will be no penalty for accepting other scholarships.
5. Minimum grade point average of 3.0.
6. Preferential consideration will be given to those entering the medical, nursing and science fields.

You will also need to attach three formal, personal references on letterhead. These may not be from family members or peers.

**Contact the Volunteer Office at 561.955.4098 for more information.**





Stop by the **Debbie-Rand Gift Shop** to see our new merchandise, special sales and periodic trunk shows.

**Monday – Friday: 9am – 8pm**  
**Saturday and Sunday: 8am – 4pm**

Located in the Hospital Lobby  
800 Meadows Road, Boca Raton, FL 33486  
Phone: 561.955.4100



## Safety Matters: Volunteer Trivia

D-RMSL is committed to ensuring our volunteers have the knowledge needed to keep themselves and our patients safe. As part of this commitment, we will provide a safety question in each edition. These questions represent what a volunteer may be asked by The Joint Commission surveyor during a visit.

Congratulations to Wiktorija Cascardo, who correctly answered last edition's question: **True. To be compliant with the Hospital's hand hygiene policy, volunteers are required to wash their hands or utilize a foam station before entering a patient's room, even when performing non-contact tasks.** Contact Aimee Yahn-Carmichael for your prize!

This edition's trivia question: **Please remember to call the Volunteer Office to schedule your 2019 Annual Orientation. The annual orientation, required by The Joint Commission, that keeps you updated on our policies and procedures. What are two dates/times that this will be held?** The first person who emails Aimee at [ayahn-carmichael@brrh.com](mailto:ayahn-carmichael@brrh.com) with the correct answer will win Cinemark Platinum Supersaver movie tickets. Good luck!



## You'll Celebrate the Treasures You Find

Stop by the **Debbie-Rand Thrift Shoppe** for all the sales and to take advantage of great deals.

**Monday – Saturday: 9am – 4pm**

903 Meadows Road, Boca Raton, FL 33486  
Phone: 561.395.2208



HAPPY

New Year

Wishing all our volunteers a happy and healthy 2019. Thank you for your unwavering service to Boca Raton Regional Hospital.



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**All Boca Raton Regional Hospital employees and volunteers will receive a 15% discount on all purchases made in-store or over the phone with 5% of the sale being donated to the Debbie-Rand Memorial Service League.**