



October 2015

InnerView

THE NEWSLETTER OF THE DEBBIE-RAND MEMORIAL SERVICE LEAGUE

We Are Debbie-Rand

Our Founder, Gloria Drummond



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**INTERESTED IN
VOLUNTEERING?
CALL 561.955.4098**

This is our story: The Debbie-Rand Memorial Service League (D-RMSL) is like no other service league — in its manner of inception, its quality of leadership, its organization and the level and expanse of its service. D-RMSL was originated upon the death and in memory of Debra Ann Drummond, age nine, and James Randal Drummond, age three, who died April 21, 1962. They were the children of Mr. Robert J. and Mrs. Gloria Drummond, prominent and well-loved residents of Boca Raton.

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MEMBERS CORNER

MEMBERSHIP REPORT: SEPTEMBER 2015

Active Members

General: 693

Life: 16

Auxilians

General: 163

Life: 171

Honorary: 2

Total: 1,045

HOURS REPORT:

TEENAGE VOLUNTEERS (TAV):

1,420.08 hours

102 TAVs

ADULT VOLUNTEERS:

9,839.24 hours

447 volunteers

TOTAL:

11,259.32 hours

549 total volunteers

Welcome, New Volunteers

Ana Avellaneda

Kiana Carle

Michelle Celami

Anthony Cioci

Scott Davis

Guisella Evansen

Daria Geller

Alisha Goldberg

Joseph Gretzula

Amparo Gross

Adam Hassanein

Lingzi (Kat) Huang

Catland Jasmin

Jebelli Joubin

Kenneth Keown

Rochelle Kurtz

Sally Langford

Madeline Lore

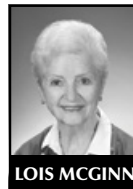
David Makis

Ellen McConnell

Stephanie Rothenberg

Kevin Taylor

October Volunteer of the Month



In 1981 Lois became a D-RMSL volunteer. In 2015 she received her 29,000-hour service pin; she currently has over 29,500 hours, all at the Thrift Shoppe.

Lois and her late husband, Ray, moved to Boca Raton from upstate New York in 1960. Together they opened the Cee Bee Marina in Deerfield Beach, which they sold in 1980. Ray continued at the marina and was joined by his son and grandson, who are still actively involved. Fortunately for D-RMSL, Lois joined the League the following year.

The McGinns have two sons and two daughters. Son Ray and his wife, Cheryl (who works at the Patient Access Desk in the Boca Raton Regional Hospital Main Lobby) live in Boca Raton and Timothy lives in California. Daughter Wendy and husband John live in Hobe Sound and daughter Deborah lives in Palm City. Lois has eight grandchildren and seven great grandchildren, with another on the way.

For years Lois was an avid golfer but now enjoys jigsaw puzzles and knitting. She keeps busy three days a week in the Thrift Shoppe.

D-RMSL and Boca Regional appreciate your dedicated service. Thank you, Lois!

53rd Anniversary Luncheon

Reservation Form

Tuesday, October 27, 2015 | Doors Open at 11:00am
Boca West Country Club | 20583 Boca West Drive, Boca Raton

I, _____, would like to attend the 53rd Anniversary Luncheon along with the following guests:

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |

My contact phone number is: (_____) _____

Enclosed is my check in the amount of \$ _____ for _____ people at \$35 each.

Make checks payable to D-RMSL.

Ticket includes champagne punch, hors d'oeuvres, lunch and complimentary valet parking.

Lunch will include baby field greens and fresh sliced seasonal fruits and berries; asian noodle salad; poached Atlantic salmon medallions; sliced grilled boneless chicken breast marinated with fresh herbs and spices; an assortment of warm, freshly baked gourmet rolls and banana chocolate bread; a beverage; and a dessert.

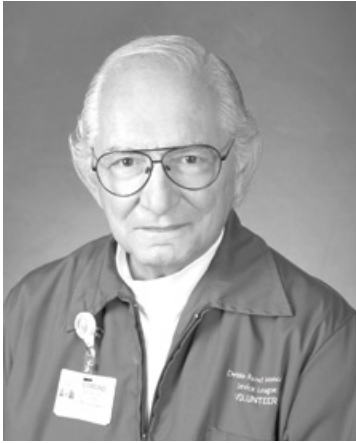
Please mail or drop off your check along with completed form to the Volunteer Office on or before

Friday, October 16.

If mailing check and completed form, mail to:

Debbie-Rand Memorial Service League, Inc.
Attn: Anniversary Luncheon
800 Meadows Road
Boca Raton, FL 33486

A Message From Your President



October is a very special month for us and October 27 is a very special date (mark your calendar). In our 53rd year we gather at our Anniversary Luncheon to celebrate and honor our founder, Gloria Drummond. Hers is a story of courage, determination and generosity and to remind us of this, our past President Barbara Gideon has condensed Gloria's story into four chapters. The first installment appears in this issue and the other three will appear in subsequent issues. My thanks to Barbara.

When an extraordinary person walks among us, their life is of great consequence and benevolence. We, the beneficiaries and caretakers of their accomplishments, are the better for it and indeed, are blessed by them. Such a person was our founder, Gloria Drummond.

All who wear the blue jackets today are celebrated in this issue, as I believe Gloria would have it. Either by choice or circumstance, our volunteers welcome the responsibility of protecting and preserving Gloria's legacy of service to our Hospital. It is you who give the true meaning of our lives as you embrace and reflect each day the words of Mother Theresa:

"Life is an opportunity, benefit from it.

Life is beauty, admire it.

Life is a song, sing it!"

Your voices are beautiful. With gratitude for all you are,

- Edmund Nasralla

Happiness is...

Happiness is our birthright. The decision to be happy is ours to make, every day, when confronted with any experience. Too many of us grew up believing that life needed to be a certain way for us to be happy. We looked for the right lover, the right job or the right dress. We looked outside of ourselves for the key to happiness.

Happiness lies within. We must encourage it to spring forth. But first we need to believe that happiness is fully within our power. We must trust that the most difficult circumstances won't keep it from us when we have learned to tap the source within.

Life is a gift we are granted moment by moment. Let us be in awe of the wonder of it and then revel in it. We can marvel at creation for a moment and realize how special we are to be participants. Happiness will overcome us if we let it.

"We can best show our gratitude for the wonder of this gift by smiling within and without."

- Ruth Benedict, Anthropologist

What's Your Story?

This is a new feature geared towards allowing the volunteers to learn more about one another in a fun and interesting manner. A different question will be asked each month. Please submit answers to your President, Edmund Nasralla, at enasralla@brrh.com.

Q: What is the color of happiness?

A: My color of happiness is yellow and not so much for the sun, which also makes me happy, but also because it is the color of my guest bedroom, which holds the memories of all the souls, young and old, who have reposed there. It is the room where my "old" friends come to relax and reconnect. It is the room where my children come "home" to be pampered just one more time. It is the room that echoes the sounds of giggling grandchildren and little whispers of, "I love you, Nonna and Grandpa." I whisper to myself, "I love you all, too, especially when you are in my little yellow guest room."

- Submitted by Joan Gridley

A: Throughout your life you go thru many different colors:

- Birth (white): purity
- Childhood (pink or blue): wonderful years of learning about life
- Young Adult (red): exciting time in life to learn and explore
- Adult Life (rainbow): new jobs, children, a moving experience
- Senior Life (grey): grandchildren, retirement, vacations, volunteering

Life is a series of colors and you need to enjoy every day and be happy.

- Submitted by A Happy Volunteer

A: The color of happiness is a rainbow — all-inclusive, for every person, all moods and each occurrence. No one can be excluded, because a rainbow encompasses every emotion, with and without the blending of colors, which eventually will lead the heart and the soul to happiness.

- Submitted by Heather Jurist

A: The color of happiness is all the colors of the spectrum and the immeasurable combinations possible when the colors are blended, as they exemplify the beautiful diversity of humanity. The color of happiness is Sunshine Yellow. It represents light and optimism and reassurance as it overcomes darkness and pessimism. When mixed with blue, I believe the color of our nobility, it becomes green — the color of fertility and abundance. It is a cheerful, positive color.

- Submitted by Edmund Nasralla

Question for next month: Did life really begin at 40?



Making Headlines

Making Headlines is an effort to keep all of our employees, physicians and volunteers informed about news regarding the Hospital.

This section provides you with a list of recent press releases that have been submitted to the media, as well as to our local civic leaders and government representatives.

To review any of our press releases online, visit BRRH.com. You'll find all of our current announcements on the home page.

September 2

Boca Raton Regional Hospital Introduces Ultra-Minimally Invasive Surgical Procedure for Atrial Fibrillation Patients

OCTOBER

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

OCTOBER 2015 Meetings & Events:

**18TH ANNUAL BOCA RATON
REGIONAL HOSPITAL
GOLF TOURNAMENT**
MONDAY, OCTOBER 12

ADULT ORIENTATION
TUESDAY, OCTOBER 13

BOARD MEETING
WEDNESDAY, OCTOBER 21

GO PINK LUNCHEON
WEDNESDAY, OCTOBER 21

ANNIVERSARY LUNCHEON
TUESDAY, OCTOBER 27

Save the Date:

Veterans Day
WEDNESDAY, NOVEMBER 11

Holiday Open House
TUESDAY, DECEMBER 8

Hospital Ball
SATURDAY, JANUARY 23, 2016

Allianz Golf Tournament
FEBRUARY 1 – 7, 2016

This is Our Story, *continued*

At the time, Boca Raton was a city of 10,000 people and the nearest hospitals were 20 to 30 minutes away. Following the death of the children from the accidental ingestion of a poison, many sympathetic residents who were moved by the loss believed that the children's lives might have been saved had the medical facilities been closer.

Motivated by this conviction, a group of influential, civic-minded Boca Raton residents formed the Debbie-Rand Foundation, Inc., its members dedicated to leading a public drive for funds to erect a hospital built by and for the people of Boca Raton. Its destiny was to become Boca Raton Community Hospital, a non-profit institution serving the needs of a rapidly expanding city and its environs.

The Foundation was barely organized when suggestions were made that it needed a service league to help raise the necessary funds for a hospital. Again, quoting from the foreword to the By-Laws of the League: "The idea of organizing the Debbie-Rand Memorial Service League, Inc. was conceived by a few (18) civic-minded women of the area who were cognizant of the need for a hospital in and for Boca Raton."

Article II of the By-Laws states: "The purpose of this league shall be to raise funds (and to) coordinate volunteer services and other beneficial activities for the establishment of a hospital in Boca Raton."

A set of By-Laws was written and an organizational meeting was planned for September 28, 1962; 350 women and one man would attend. At its first annual membership meeting on February 4, 1963, Mrs. Drummond was elected the League's first president.

To Our Veterans

Boca Raton Regional Hospital is planning a salute to our veterans on **Veterans Day, November 11, 2015 at 11:00am**. This special ceremony will take place outside of the Hospital by the pond, near the flagpole. During the event, we will announce the names of our valued veterans. The names will also appear in the ceremony program.

Are you a veteran of the U.S. military? If so, with your permission, we would like to recognize you at the Veterans Day ceremony. Email the following information to Aimee Yahn-Carmichael at ayahn-carmichael@brrh.com by **October 15**:

Name, rank, branch of service, years during which you served, country/area/unit in which you served, and conflict(s) wherein you served, if any.

Note: If you provided this information last year, please confirm your willingness to allow us to reprint this information.



**BOCA RATON
REGIONAL HOSPITAL**

GIFT SHOP

561.955.4100

Safety Matters: Volunteer Trivia

D-RMSL is committed to ensuring our volunteers have the knowledge needed to keep themselves and our patients safe. As part of this commitment, we will provide a monthly safety question in this newsletter. These questions represent what a volunteer may be asked by The Joint Commission surveyor during a visit.

Congratulations to **Richard Dufresne**, who correctly answered last month's question: **In our Hospital all emergencies and codes are announced over the loudspeaker, followed by the location of the emergency. Report all codes or any situation in which you feel that there is imminent danger. Dial ___ in the Hospital main building or ___-___ in all other areas.** The correct answer is **5555** and **9-911**. Contact Aimee Yahn-Carmichael for your prize!

October's trivia question: **True or False? In the event that you are discharging a patient in a wheelchair and their ride has not yet arrived, you should offer to bring the patient inside and wait with them next to the rotunda.** Whomever emails the correct answer to Aimee at ayahn-carmichael@brrh.com wins two Cinemark Platinum Supersaver movie tickets. Good luck!



You'll Celebrate the Treasures You Find

Stop by the **Debbie-Rand Thrift Shoppe** for all the sales and to take advantage of great deals.

Monday – Saturday: 9am – 4pm

Sunday: 12pm – 4pm

903 Meadows Road, Boca Raton, FL 33486

Phone: 561.395.2208



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