



July / August 2016

InnerView

THE NEWSLETTER OF THE DEBBIE-RAND MEMORIAL SERVICE LEAGUE


BOCA RATON
REGIONAL HOSPITAL
DEBBIE-RAND MEMORIAL
SERVICE LEAGUE, INC.

Our Teenage Volunteers Rock!

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Ellen Selip

Summertime is in full swing! For teenagers, that means family vacations, hanging out with friends and time to relax — no studying, homework and tests. But this summer an extraordinary group of teenagers chose to give back to their community through D-RMSL.

Boca Raton Regional Hospital TAVs provide valuable services for our patients, visitors and staff throughout the summer and school year. Whether it's in the Gift Shop or Thrift Shoppe; providing wheelchair assistance for patient discharges or enabling visitors who need a "lift" to visit a friend or loved one; lending a helping hand on the nursing floors where needed; or in IV therapy offering a word of kindness, a blanket or a cup of coffee, the TAVs' cheerful smiles and eagerness help to make our hallways shine brighter than the summer sun!

TAVs — a big thank you for sharing your time and many talents this summer. You truly add a special energy to Boca Raton Regional Hospital!

INTERESTED IN
VOLUNTEERING?
CALL 561.955.4098



MEMBERS CORNER



MEMBERSHIP REPORT: MAY 2016

Active Members

General: 434

TAV: 68

Life: 16

Inactive Dues-Paid Members

General: 395

Life: 168

Honorary: 2

Total: 1,083

Hours Report:

TEENAGE VOLUNTEERS (TAV):

854.09 hours

67 TAVs

ADULT VOLUNTEERS:

12,644.63 hours

445 volunteers

TOTAL:

13,498.72 hours

512 volunteers



MEMBERSHIP REPORT: JUNE 2016

Active Members

General: 416

TAV: 87

Life: 15

Inactive Dues-Paid Members

General: 428

Life: 169

Honorary: 2

Total: 1,117

Hours Report:

TEENAGE VOLUNTEERS (TAV):

1,315.64 hours

90 TAVs

ADULT VOLUNTEERS:

9,367.19 hours

395 volunteers

TOTAL:

10,682.83 hours

485 volunteers

July Volunteer of the Month



ALICE DUQUETTE

Alice started volunteering in the Thrift Shoppe in November 2006 and has worked in the Women's Marking Room ever since. She and her late husband, Conrad, who was also a D-RMSL volunteer for many years, moved to Boca Raton in 1973 from Bellingham, Massachusetts.

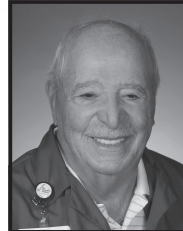
Alice currently works four days a week and has earned over 8,300 hours of service. She also volunteers two days a week at The Volen Center, running the Bingo sessions for the participants. Alice enjoys her time there and is an enthusiastic player.

While living in Bellingham, she and Conrad, who were married over 60 years, owned a television sales and service business, as well as a real estate business. When they moved to Florida, Conrad worked for IBM and Alice was very busy raising their four children.

Conrad Jr. lives in North Carolina, Marc lives in Boca Raton, David is currently in Denver but moving to Boca Raton and Lisa Marie and her husband, Bob, live in Denver with their two children.

Alice, D-RMSL and Boca Regional, thank you for your many years of faithful volunteer service.

August Volunteer of the Month



ALFRED
DIBENEDETTO

Alfred (Al) DiBenedetto became a D-RMSL volunteer in 2014 and works in the Infusion Room at the Center for Hematology-Oncology (CHO) at the Lynn Cancer Institute. He requested that assignment in order to give back to the nurses, staff and volunteers for the exceptional

care given to his late wife, Anne, while receiving treatment.

Alfred and Anne moved to Florida from Brooklyn, New York in 1959. He has been residing in Hillsboro Mile for the past 21 years, where he is president of his condo association. Al had a successful career in telecommunications. Now, he pursues his interest in golf, playing three days a week at the Carolina Club in Margate.

The following quote from the Infusion Room staff tells the story of Al's contribution as a dedicated volunteer:

"Al is a very hardworking volunteer. He is a self-starter and takes initiative to make CHO a better place for both staff and patients. Al is so essential to our team. We would be lost without him!"

Al, D-RMSL and Boca Regional, thank you for your contributions to our patients and Hospital.

Welcome, New Volunteers

Adult Volunteers

Carol Akers
Tula Azan
Adriana Barzellotti
Christopher Brink
Alena Brooker
Alex Covar
Erin Dodson
Yunior Euceria
Natalie Ezzell
Mary Fash
Marlene Gold
Laura Gomez

Rachael Gomez
Cara Guilfoyle
Victoria Hallenbeck
Jennifer Hernandez
Jing Jiang
Shadman Kabir
Kezia Koroma
Christian Moreno
Dhana Najour
Luisa Paez
Albertha Patterson
Barbara Parness
Chastity Pascoe

John Rattes
Sheila Robinson
Michelle Shingleton
Zoe Shrager
Cynthia Stucki
Foila Tabron
Paola Trujillo

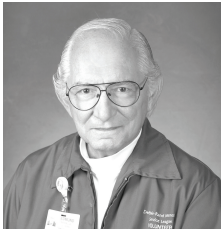
Teenage Volunteers
Alina Alvarez
Kalina Axelrod
Sara Bravo
Alexandra Brown

Abigail Canning
Melanie Chong
Elizabeth Decapito
Jourdan Defrain
Daniella Diaz
Abigail Dushi
Rebecca Eckelkamp
Karli Friedman
Elena Gaucher
Deborah Germain
Brock Godbout
Cassandra Godbout
Christian Hammock

Karen Herrera
Anha Islam
Ray Jia
Tiffany Kranitz
Brooke Mallet
Sofia Mazuera
Laura Mazuera
Ashley Mejia
Samantha Mejia
Sophia Monzani
Alex Pellizzetti
Gleyston Perdigao
Jared Pittinger

Evan Preusse
Patrick Ragonese
Saifa Reaz
Annaly Rocha
Alex Rodger
Jennifer Sarria
Charles Shearer
Brenna Shikiar
Righteous Shingleton
Sahara Shrvan
Alaina Tillman
Anna Trinh

A Message from Your President



In the December 2015 issue I commended you, our TAVs, on your energy and enthusiasm in making each day unselfishly your own, exemplifying the time-honored phrase "carpe diem," "seize the day." Pope Francis said to teenagers, "You have an appetite for life," and I add, "May this hunger be always yours."

I am reminding you of these words because your future comes with the awesome responsibility of making life a better one, in spite of the seeming insurmountable challenges you will encounter.

With this responsibility comes wonderful opportunities to rise to the best of yourselves; recognizing the notability with which you are all endowed. We know that you have the talent, that you are eager to obtain the knowledge and the willingness to accomplish this task.

You will be the politicians and the presidents, the healers and the peacemakers, the philosophers and the poets, and for good measure, you will fly to Mars. Bon voyage!

Never doubt yourself and promise me that you will always remember:

"You are braver than you believe, stronger than you seem, and smarter than you think." – A.A. Milne

– Edmund Nasralla, President of the Debbie-Rand Memorial Service League

Introducing the 2016 – 2017 D-RMSL Board of Trustees



From Left to Right: Ellen Selip, Robert Schattner, Sherry Thomas, Charlotte Paris, Dolores Del Raso, Sharon Pearthree, Richard Larson, Evie Zimmerman, Roger Farleigh, Frank Beirne, Sergio Rodriguez, Howard Shore and Edmund Nasralla (Not Pictured: Nancy Coakley)

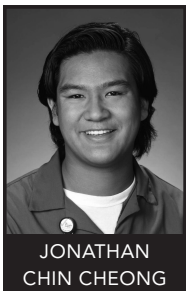
Building Skills for a Lifetime of Success

Roger Farleigh

Can a TAV graduate high school without the requisite number of volunteer hours? No! How likely is it that the TAV can attend the college of his or her choice without those hours? Not very likely! In the bargain, though, D-RMSL TAVs receive credit for logged service hours over a prescribed period of time via a well-conceived and operated system.

For those TAVs lucky enough to see beyond their commitment, Boca Regional provides the environment for an exceptional experience. Where in the region will one find so many highly educated and dedicated professionals committed to optimal outcomes and patient satisfaction? Those who seize the opportunity to immerse themselves in the experience will carry those acquired skills for a lifetime and will progressively benefit from them.

Boca Raton Regional Hospital is most grateful to all of our TAVs for their time and service.



TAV Spotlight

Jonathan joined the D-RMSL TAV program in November 2014. He volunteers on Sundays in Volunteer Services, discharging patients, delivering flowers and willingly performing a number of services that enhance patient and visitor experiences.

Jonathan was born in Scotland and moved to Boca Raton at age 10 with his parents and younger sister, Megan. His mother, Trina, is the Program Director at Boca Helping Hands and his father, Lester, works in information technology.

Entering his senior year at Florida Atlantic University High School, Jonathan has earned 90 college credits. He hopes to attend the Massachusetts Institute of Technology in Boston. He enjoys swimming, volleyball and golf.

Jonathan is interested in research science and is currently conducting a research project on water quality improvement. He has been a finalist at Palm Beach County and Florida State Science fairs. He received the Regional Stockholm Water Prize and Ricoh Sustainable Development Award.

Jonathan, D-RMSL and Boca Regional appreciate your dedicated volunteer service and wish you the best while pursuing your academic career.



Making Headlines

Making Headlines is an effort to keep all of our employees, physicians and volunteers informed about news regarding the Hospital.

This section provides you with a list of recent press releases that have been submitted to the media, as well as to our local civic leaders and government representatives.

To review any of our press releases online, visit BRRH.com. You'll find all of our current announcements on the home page.

July 20

Peaceful Mind Peaceful Life™
Wellness Series at Boca Regional

JULY

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

AUGUST

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

JULY/AUGUST 2016 Meetings, Events & Important Dates:

INDEPENDENCE DAY
MONDAY, JULY 4

Did You Know?

You can honor a family member, friend, neighbor or colleague through a memorial or tribute donation. For more information or to submit a donation, visit brrh.com/volunteer or call 561.955.4098.

Donations benefit D-RMSL and Boca Raton Regional Hospital.

What's Your Story?

This is a new feature geared towards allowing the volunteers to learn more about one another in a fun and interesting manner. A different question will be asked each month. Please submit answers to your President, Edmund Nasralla, at enasralla@brrh.com.

Q: What sound makes you happy?

A: Uplifting tunes, happy lyrics, the ocean backing up, sweet sounds and soft jazz — yeah! – Gail Crossman

A: I have been volunteering in the nursery for over 10 years. My favorite sounds, and the ones that lift my spirits, are those of a newborn baby. Be it laughs or cries, they are all joyous sounds. In my mind the sounds of a newborn are God's way of telling us He also hears those sounds and is very aware of those people who love every child. – Vince Loscalzo

A: I enjoy listening to bell choirs ringing tunes so gently, and I enjoy hearing a young child's giggle or a newborn's cry. – Dottie Dufresne

Question for next month: What's the most important lesson you've learned in the past year?

Donations Needed

Please donate your gently used clothing, shoes, linens, children's items and books. Donation drop boxes are provided for your convenience at the following locations:

- » The Gloria Drummond Physical Rehabilitation Institute – 650 Glades Road
- » Finance Department – 745 Meadows Road, Second Floor
- » Debbie-Rand Memorial Service League Auxiliary Office – 800 Meadows Road

Free furniture pick-up and packing is available upon request. Larger items such as oversized kitchen appliances and small TVs must be delivered to the Debbie-Rand Thrift Shoppe. If you wish to receive an itemized tax receipt, all donations must be dropped off at the Thrift Shoppe.

Located at 903 Meadows Road, Boca Raton, FL 33486, the Thrift Shoppe is open Monday through Saturday from 9:00am to 4:00pm and Sunday from 12:00pm to 4:00pm. Call 561.395.2208 with any questions.





BOCA RATON
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DEBBIE-RAND MEMORIAL SERVICE LEAGUE
GIFT SHOP

561.955.4100

Safety Matters: Volunteer Trivia

D-RMSL is committed to ensuring our volunteers have the knowledge needed to keep themselves and our patients safe. As part of this commitment, we will provide a monthly safety question in this newsletter. These questions represent what a volunteer may be asked by The Joint Commission surveyor during a visit.

Congratulations to **Melody Khoriaty**, who correctly answered last month's question: **What do the following Boca Regional codes stand for: Condition Green, Code Assist and Code Orange?** The answer is **Condition Green: Missing Person, Code Assist: Security Assistance and Code Orange: Chemical Spill**. Contact Aimee Yahn-Carmichael for your prize!

Next edition's trivia question: **True or False? In the event that you are discharging a patient in a wheelchair and their ride has not yet arrived, you should offer to bring the patient inside and wait with them next to the rotunda.** The first person who emails Aimee at ayahn-carmichael@brrh.com with the correct answer will win Cinemark Platinum Supersaver movie tickets. Good luck!



You'll Celebrate the Treasures You Find

Stop by the **Debbie-Rand Thrift Shoppe** for all the sales and to take advantage of great deals.

Monday – Saturday: 9am – 4pm
Sunday: 12pm – 4pm

903 Meadows Road, Boca Raton, FL 33486
Phone: 561.395.2208


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