




BOCA RATON
REGIONAL HOSPITAL
DEBBIE-RAND MEMORIAL
SERVICE LEAGUE, INC.

September/October 2016
InnerView

THE NEWSLETTER OF THE DEBBIE-RAND MEMORIAL SERVICE LEAGUE



VOLUNTEERS ARE CORDIALLY INVITED TO
THE DEBBIE-RAND MEMORIAL SERVICE LEAGUE'S

**54TH ANNIVERSARY
LUNCHEON**

TUESDAY, OCTOBER 25, 2016 | 11:00AM – 2:00PM
BOCA WEST COUNTRY CLUB

Mrs. Joan Wargo, honorary chairwoman, and Edmund Nasralla, D-RMSL President, invite you to celebrate the Debbie-Rand Memorial Service League's 54th anniversary. The luncheon begins with refreshments and appetizers. After lunch, enjoy a fashion show featuring our own volunteers and staff, compliment of the Debbie-Rand Thrift Shoppe with accessories from the Debbie-Rand Gift Shop. Raffles and a grand-prize drawing will conclude the event.

Additional information and the reservation form are available on pages 5 and 6. Tickets for the grand-prize drawing are available at the Volunteer Office and Debbie-Rand Thrift Shoppe. Raffle tickets can be purchased at the luncheon. **Family and friends are welcome. If you are unable to attend, you may wish to make a donation.**

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**INTERESTED IN
VOLUNTEERING?
CALL 561.955.4098**

MEMBERS CORNER

MEMBERSHIP REPORT:

JULY 2016

Active Members

General: 412

TAV: 82

Life: 15

Inactive Dues-Paid Members

General: 498

Life: 168

Honorary: 2

Total: 1,177

Hours Report:

TEENAGE VOLUNTEERS (TAV):

1,174.88 hours

78 TAVs

ADULT VOLUNTEERS:

8,955.35 hours

399 volunteers

TOTAL:

10,130.23 hours

477 volunteers

MEMBERSHIP REPORT:

AUGUST 2016

Active Members

General: 395

TAV: 81 | College: 19

Life: 16

Inactive Dues-Paid Members

General: 469

College: 2

Life: 167

Total: 1,149

Hours Report:

TEENAGE VOLUNTEERS (TAV):

1,188.46 hours

82 TAVs

ADULT VOLUNTEERS:

9,868.74 hours

384 volunteers

TOTAL:

11,057.20 hours

466 volunteers

September Volunteer of the Month



JUDY LEE

Judy Lee joined D-RMSL in September 2011 and began volunteering in the Gift Shop on Wednesday mornings. In 2014, she added an assignment as an Ambassador at the Marcus Neuroscience Institute. Originally from Elmsford, New York, Judy and her husband, Karle, married 51 years, moved to Boca Raton 19 years ago. While living in Matawan, New Jersey, Judy worked in the Human Resources Department at the Marlboro Psychiatric Hospital for 15 years and Karle owned his own restaurants. After moving to Florida, he worked at his son's law firm and Judy worked at the well-known Dolly Duz shoe store.

Judy and Karle have three sons and four grandchildren. Eric, an attorney, and his wife, Dawn, have two daughters, Taylor and Samantha. Jonathan, working in computer point of sale equipment, and his wife, Danielle, have one son, Bryan. Robert is the Executive Chef and General Manager at BRIO Tuscan Grille in Boca Center.

Judy keeps very busy with her family and volunteering, but in her free time she enjoys reading.

Judy, D-RMSL and Boca Raton Regional Hospital, thank you for nearly 1,400 hours of service you have volunteered at our Hospital.

October Volunteer of the Month



DIANE
CHEPOVSKY

Diane Chepovsky joined D-RMSL in August 2014 when she became an Ambassador in the Marcus Neuroscience Institute on Monday mornings. When the new Christine E. Lynn Women's Health & Wellness Institute opened in July 2015, she added the morning shift on Wednesdays to her schedule. In total, she has logged over 875 hours of service.

Diane and her husband of 30 years, Donald, moved to Florida from Connecticut in 1986. While living up north, she was a volunteer pre-kindergarten teacher with the Head Start Program and also worked at the local racket and tennis facility. Donald owned a wholesale beer distributorship. Diane was also active with her children's schools.

Diane and Donald have five daughters, Marlene, Lisa, Amy, Bonnie and Sharon, and seven grandchildren.

A former active tennis player and golfer, Diane now enjoys her volunteer work at the Hospital.

Diane, you are a wonderful member of the volunteer staff. D-RMSL and Boca Regional, thank you for your valuable service.

Welcome, New Volunteers

Natalie Adams

Yasmeen Alamanza

Haley Brown

Desby Cheribin

Linda Cummings

Francesca Damasceno

Elena De La Fuente

Carol Eisenberg

Jasmin Genao

Maddie Goudet

Myriam-Lise Guillaume

Edie Duberstein

April Fuentes

Joubin Jebelli

Elizabeth Karlan

Camilla Kattah Garzon

Josef Khouny

Shelly Klein

Francine Lawrence

Antonella Lozano

Claire Longstaff

Patty Louro

Faith Marshall

Vania Marshall

James Murphy

Athira Nair

Ashani Sibble

Christelle Pierre

Jaqueline Rice

Amanda Rodriguez

Ryan Saffer

Jessica Stacieski

Karoline Strasser

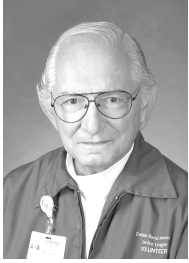
Ana Tavares

Daniel Teixeira

Tatianna Vasquez

Rose Weitz

Holly Wilkinson



A Message from Your President

“To affect the quality of the day, that is the highest of arts.” – Henry David Thoreau

As we prepare to celebrate our 54th anniversary, it is appropriate that we pause to reflect on our commitment to preserve and protect the legacy of our founder, Gloria Drummond, and our commitment of service to our Hospital. Our celebration on October 25th is really all about her.

We, the beneficiaries and caretakers of her accomplishments are the better for them and are indeed, blessed by them. In the words of Jerry Fedele, our President and CEO, “her passion lives today in every volunteer and employee.”

We, who wear the blue jackets, are sustained by this passion and welcome the challenges presented to us every new day.

Each new day gives us the opportunity to be the right person for someone who may be suffering, to hold onto, to share a quiet unspoken moment and our willingness to be a comfort to them.

In the best circumstances, we offer the optimistic gift of hope. Hope that the outcomes they wish for are realized and in the worst circumstances, the courage to face them. We call upon our best selves either way to be the bridge for them to find peace.

To serve and to love, to be gracious and compassionate may be our purpose, our only purpose, and for ourselves, to find some measure of fulfillment in living sincerely in humility and contentment.

So, here is to abundance in the things that really matter – good health, good humor and not taking ourselves too seriously.

– Edmund Nasralla, President of the Debbie-Rand Memorial Service League



TAV Spotlight D-RMSL Teenage Volunteer Service Excellence Award

Rackel Robillard became a D-RMSL TAV near the end of her freshman year at Boca Raton Community High School. She continued to volunteer through her graduation in June 2016 and has earned over 550 hours working in Volunteer Services. She is now in the adult volunteer program.

Rackel was born in Pompano, moved to Fort Lauderdale and now resides in Boca Raton with her mother, Wilמידe, who is a nurse specializing in elder care, and her younger sister, Michelle.

While attending high school, Rackel studied American Sign Language and enjoyed volunteering at picnics for the hearing impaired. She also enjoys Praise Dancing at the Church of Saint Elizabeth of Hungary in Pompano where she attends practices on Saturdays and performs with her group at church events.

Rackel is now in her first year at Palm Beach State College studying to be a registered nurse with plans to earn her Bachelor of Science degree at either Florida Atlantic University, the University of South Florida or Florida Gulf Coast University. She plans to pursue a career in nursing and is also interested in becoming a sign language interpreter.

Rackel, D-RMSL and Boca Raton Regional Hospital, thank you for your dedicated service. We are happy you will be continuing to volunteer at our Hospital.

DEBBIE-RAND MEMORIAL SERVICE LEAGUE'S

54th Anniversary Luncheon

DATE: October 25, 2016

TIME: 11:00am – 2:00pm

LOCATION: Boca West Country Club

20583 Boca W Drive, Boca Raton, FL 33434

TICKETS: \$35 per person

HONORARY CHAIRPERSON: Mrs. Joan Wargo

Luncheon includes music, a fashion show and raffles. For more information, call the Volunteer Office at 561.955.4098.

Raffle prizes (winners do not need to be present):

- » Two separate \$500 cash prizes (\$5 each or 5 chances for \$20)
- » One year reserved parking space near Boca Raton Regional Hospital Main Lobby Entrance (\$5 each or 5 chances for \$20)
- » Numerous prizes and services donated by local merchants

**RESERVATIONS REQUIRED BY OCTOBER 17.
PLEASE COMPLETE THE RESERVATION FORM
ON PAGE 6.**



**BOCA RATON
REGIONAL HOSPITAL**

**DEBBIE-RAND MEMORIAL
SERVICE LEAGUE, INC.**



54th Anniversary Luncheon

Reservation Form

Tuesday, October 25, 2016 | Doors Open at 11:00am

Boca West Country Club | 20583 Boca West Drive, Boca Raton, FL 33434

I, _____, would like to attend the 54th Anniversary Luncheon along with the following guests:

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |

My contact phone number is: (____) _____

Checks are made payable to D-RMSL.

Enclosed is my check in the amount of \$_____ for _____ people at \$35 each.

Ticket includes champagne, hors d'oeuvres and crudités, lunch and complimentary valet parking.

Lunch will include Heirloom Tomato and Buffalo Mozzarella under chicken with fresh basil, toasted pine nuts and a balsamic drizzle; Grilled Atlantic Salmon with citrus dill remoulade; Asian Noodle Salad under salmon with sprouts, scallions, cilantro, peppers, red onions and oyster hoisin vinaigrette; an assortment of warm, freshly baked gourmet rolls and banana chocolate bread; peach melba over ice cream in an almond basket; coffee and tea; chocolate martinis and champagne mimosas will be offered at the meet-and-greet before lunch is served.

Please mail or drop off your check along with completed form to the Volunteer Office on or before **Monday, October 17**.

If you wish to mail the completed form and check, please mail to:

Debbie-Rand Memorial Service League, Inc.
Attn: Anniversary Luncheon
800 Meadows Road, Boca Raton, FL 33486

D-RMSL's College-Aged Volunteers

Roger Farleigh

D-RMSL's college-aged volunteer cohort has a huge impact on Boca Regional's delivery of high-level healthcare and patient satisfaction. Those of us who partner with them see that contribution every day, along with learning about their lofty academic efforts and career goals.

All of the college-aged D-RMSL volunteers who participated in a recent survey disclosed to me an impressive academic commitment to their studies. Nearly 50 percent are majoring in biology, and their career goals reflect their academic pursuits. Seventy percent of those who responded to the career objective question have charted an academic course of study to be physicians. Nearly 23 percent have nursing as their objective and seven percent plan to become physician assistants.

We are fortunate to have such committed and dedicated young adults volunteering at our Hospital. We, and our greater community, applaud their enterprise and shall depend upon them to achieve their goals.

Opening October 2016 D-RMSL Uniform Store

Located on the second floor of the Lynn Women's Health & Wellness Institute. The shop will feature uniforms, scrubs for all departments and accessories.

Hoffman's Chocolates Sale

Hoffman's Chocolates is pleased to display a kiosk on Wednesday, October 5, from 8:30am to 2:30pm in the Bistro. Hoffman's Chocolates will offer a variety of beautifully designed gift baskets, chocolate assortments and platters that make perfect gifts.

For pre-orders, please contact Tammy Mannarino at 561.523.8215 or tmannarino@hoffmans.com. A portion of the proceeds will benefit the D-RMSL Scholarship Fund. Mark your calendar for October 5!



Making Headlines

Making Headlines is an effort to keep all of our employees, physicians and volunteers informed about news regarding the Hospital.

This section provides you with a list of recent press releases that have been submitted to the media, as well as to our local civic leaders and government representatives.

To review any of our press releases online, visit BRRH.com. You'll find all of our current announcements on the home page.

July 26

Jeffrey Mahon, MD, Joins BocaCare[®] Physician Network at Boca Raton Regional Hospital

August 1

Chihuly Glass Installed at Boca Regional's Christine E. Lynn Women's Health & Wellness Institute

August 15

Boca Raton Regional Hospital Appoints Acclaimed Neurosurgeon to Lead Marcus Neuroscience Institute

September 8

Boca Raton Regional Hospital First in South Florida to Offer New Innovation in Endoscopic Biopies

SEPTEMBER

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

OCTOBER

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER / OCTOBER 2016 Meetings, Events & Important Dates:

LABOR DAY

MONDAY, SEPTEMBER 5

PATRIOT DAY

SUNDAY, SEPTEMBER 11

COLUMBUS DAY

MONDAY, OCTOBER 10

19TH ANNUAL BOCA RATON REGIONAL HOSPITAL GOLF TOURNAMENT

MONDAY, OCTOBER 17

GO PINK LUNCHEON

FRIDAY, OCTOBER 21

54TH ANNIVERSARY LUNCHEON

TUESDAY, OCTOBER 25

HALLOWEEN

MONDAY, OCTOBER 31

HOLIDAY OPEN HOUSE

TUESDAY, DECEMBER 6

Mandatory Flu Shots

Boca Regional's policy states that flu shots are mandatory for all adult and teenage volunteers. The Centers for Disease Control and Prevention recommends annual influenza vaccination for all individuals six months of age and older, and mandatory healthcare worker vaccination is endorsed by several national medical societies.

All volunteers must provide proof of receiving a flu shot **no earlier than August 2016** or they will not be allowed to volunteer during flu season (December 1, 2016 through March 31, 2017). Volunteers who choose not to receive a flu shot for religious or medical reasons must complete an exemption form, which can be obtained from the Volunteer Office. Volunteers who work in patient-care areas who are granted an exemption will be required to wear a mask while performing their duties throughout the entire flu season.

Flu shots are covered by most health insurers and Medicare, and are generally available at physicians' offices and pharmacies. Shots will be administered at the Hospital on a limited basis for volunteers who are unable to obtain them elsewhere. All volunteers must submit to the Volunteer Office either proof of receiving a current flu shot or a signed exemption form no later than December 1, 2016. **Please note: The nasal vaccination will not be accepted and the use of a mask will be required.**

Upon submitting proof of receiving the flu shot, volunteers will have a designation sticker affixed to their Hospital identification badge. If you have any questions, please contact the Volunteer Office at 561.955.4098. Thank you for your cooperation in adhering to our important policy.

To Our Veterans

Boca Raton Regional Hospital is planning to salute our veterans on Veterans Day, November 11, 2016 at 11:00am. This special ceremony will take place outside of the Hospital by the pond, near the flagpole. During the event, we will announce the names of our valued veterans. The names will also appear in the ceremony program.

Are you a veteran of the U.S. military? If so, with your permission, we would like to recognize you at the Veterans Day ceremony. Submit the following information to the Auxiliary Office by October 10:

Name, rank, branch of service, years during which you served, country/area/unit in which you served and conflict(s) wherein you served, if any.

Boca Raton Regional Hospital salutes our veterans. We thank you for your service!



BOCA RATON
REGIONAL HOSPITAL
DEBBIE-RAND MEMORIAL SERVICE LEAGUE
GIFT SHOP

561.955.4100

Safety Matters: Volunteer Trivia

D-RMSL is committed to ensuring our volunteers have the knowledge needed to keep themselves and our patients safe. As part of this commitment, we will provide a monthly safety question in this newsletter. These questions represent what a volunteer may be asked by The Joint Commission surveyor during a visit.

Congratulations to **Marilyn Blitz**, who correctly answered last month's questions: **True or False? In the event that you are discharging a patient in a wheelchair and their ride has not yet arrived, you should offer to bring the patient inside and wait with them next to the rotunda. The answer is true.** Contact Aimee Yahn-Carmichael for your prize!

Next edition's trivia question: **True or False? To be compliant with the Hospital's hand hygiene policy, volunteers are required to always wash their hands or utilize a foam station before entering a patient's room, even when performing non-contact tasks such as providing a magazine or delivering flowers.** The first person who emails Aimee at ayahn-carmichael@brrh.com with the correct answer will win Cinemark Platinum Supersaver movie tickets. Good luck!



You'll Celebrate the Treasures You Find

Stop by the **Debbie-Rand Thrift Shoppe** for all the sales and to take advantage of great deals.

Monday – Saturday: 9am – 4pm
Sunday: 12pm – 4pm

903 Meadows Road, Boca Raton, FL 33486
Phone: 561.395.2208


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- Arrangements for all occasions: parties, weddings, Bar & Bat Mitzvahs
- Plants, balloons, plush novelties
- We can create very unusual designed personal floral pieces
- All Boca Raton Regional Hospital volunteers, employees and physicians receive **10% discount** on all in-store or locally delivered items, plus an additional 5% discount, which will go to the Debbie-Rand Memorial Service League

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