




**BOCA RATON
 REGIONAL HOSPITAL**
 DEBBIE-RAND MEMORIAL
 SERVICE LEAGUE, INC.

November 2014
InnerView

THE NEWSLETTER OF THE DEBBIE-RAND MEMORIAL SERVICE LEAGUE

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**Holiday Open House —
 Mark Your Calendars!**

The Debbie-Rand Memorial Service League's Board of Trustees cordially invites you to attend the annual Holiday Open House, which will be on **Tuesday, December 9, 2014** from **10:00am to 3:00pm** in the main lobby of Boca Raton Regional Hospital. The tree lighting will begin at 10:00am.

Light refreshments of punch and delicious cookies will be served, and the event will also include entertainment.

We hope you'll join us in celebrating this 2014 Holiday Season!



MEMBERS CORNER

MEMBERSHIP REPORT: SEPTEMBER 2014

General: 884
Life: 190
Honorary: 2
Total: 1,076

HOURS REPORT:

TEENAGE VOLUNTEERS (TAV):
888.84 hours
76 TAVs

ADULT VOLUNTEERS:
10,195.54 hours
473 volunteers

TOTAL:
11,084.38 hours
549 total volunteers

INTERESTED IN VOLUNTEERING?
CALL 561.955.4098

Welcome, New Volunteers

Dale Adams	Pierre Destine
Graig Alpert	Fredric Ehle
Marylyn Bernstein	Cyrus Farazmand
Gabriella Bologna	Guerdine Henry
Ariane Bragg	Susan Lord
Haley Carifi	Iris Malen
Howard Case	Jean-Ellen Riess
Rosemary Case	Brittany Roberts
Daniel Castilla	Sherry Roth
Katy Chau	Donald Salas
Bryanna Connor	Sandra Schermer
Kiley Crawford	Claudia Tinoco-Troncoso
Karen Dallas	Martin Wolf
Marlene Danielson	

October Volunteer of the Month



CAROL HOPKINS

In January 2012, Carol Hopkins became a D-RMSL volunteer, having moved to Boca Raton from Hightstown, NJ in 2011. She has earned over 2,000 hours of service working in the Thrift Shoppe, Gift Shop, Nursery and Marcus Neuroscience Institute.

Carol had a 45-year career with Lockheed Martin in Newtown, PA, and retired as a Contracts Administrator in the Procurement Department.

Carol enjoys living near her nephew Jamie and his wife Erin and delights in showing pictures of her two young grandnephews, Derek and Tommy, with whom she loves spending time.

Gift Shop Manager, Lois Ackner, describes Carol as a dedicated volunteer willing to undertake any task and always willing to fill in, despite her busy schedule.

D-RMSL and Boca Regional thank you, Carol, for your wonderful service.

IN MEMORY OF:

Marilyn Wetzler



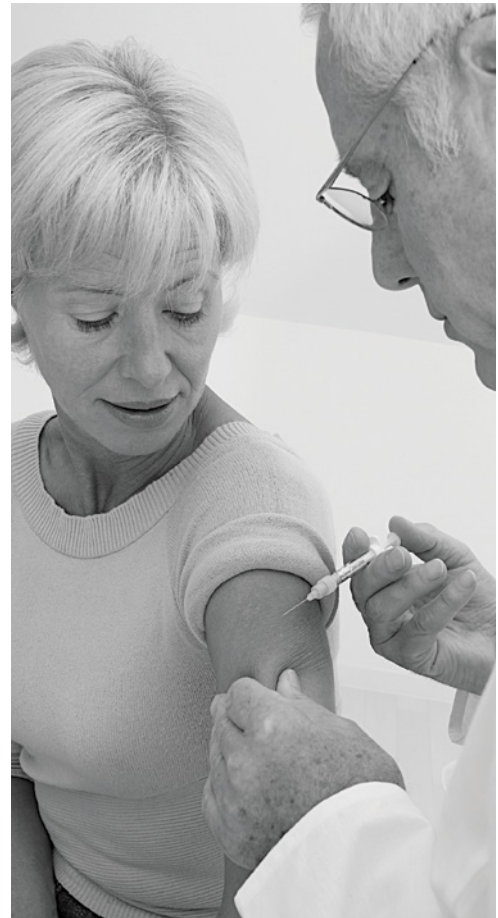
Mandatory Flu Shots

Boca Raton Regional Hospital's policy states that flu shots are mandatory for all Hospital employees and volunteers. The Centers for Disease Control and Prevention recommends annual influenza vaccination for all individuals six months of age and older, and mandatory healthcare worker vaccination is endorsed by several national medical societies.

Volunteers who choose not to receive a flu shot for religious or medical reasons must complete an exemption form, which can be obtained from the Volunteer Office. Volunteers who work in patient-care areas who are granted an exemption will be required to wear a mask while performing their duties throughout the entire flu season (December 1 through March 31).

Flu shots are covered by most health insurers and Medicare and are generally available at physicians' offices and pharmacies. Shots will be administered at the Hospital on a limited basis for volunteers who are unable to obtain them elsewhere. All volunteers must submit to the Volunteer Office either proof of receiving a current flu shot or a signed exemption form no later than December 1, 2014.

Upon submitting proof of receiving the flu shot, volunteers will have a designation sticker affixed to their Hospital identification badge. Thank you for your cooperation in adhering to this policy.



D-RMSL Funds Low-Vision Program at Boca Raton Regional Hospital

The Debbie-Rand Memorial Service League granted the Outpatient Occupational Therapy Department at Boca Raton Regional Hospital generous funding to provide quality low-vision services to the community.

One in six Americans age 70 and older lives with low vision. The Hospital serves many adults who have age-related eye diseases such as macular degeneration, cataracts and diabetic retinopathy. These diseases and many neurological disorders often cause low vision.

Boca Regional's occupational therapist and low-vision specialist, Julie Blum, has collaborated with other professionals throughout the community and has delivered lectures to low-vision support groups. At health fairs and Boca Regional events, Julie has provided screenings and safety tips to senior adults. Moreover, she was awarded a scholarship from "Envision" to attend the annual low-vision conference in Minneapolis, MN this past September.

With great appreciation to D-RMSL, the Boca Regional Outpatient Occupational Therapy Department can deliver the highest quality low-vision services to our community.

One Stop, Two Stops, Gift Shop, Thrift Shoppe!



Complete your holiday shopping in two stops, Boca Regional Gift and D-RMSL Thrift Shoppes. Right here, you'll find the perfect gift. Stop by before or after your shift. Spend a few minutes or browse for a while. Our treasures are sure to bring a smile.



Our Shining Stars

“Carissa Crayson — service above and beyond for patient satisfaction! Thank you so much.”

- The MICU

“Lora Ross — with a smile on her face, this fine lady is constantly working. She is everywhere we need her to be throughout our department. A definite asset!”

- Radiology/Oncology

Do you know of or have you witnessed a volunteer going above and beyond to help a patient? Or maybe someone who is simply deserving of recognition for displaying an exceptional level of volunteerism? If so, let us know and we will feature them in an upcoming issue.

Help Prevent Illness — Wash Your Hands



Guidelines from national and international infection prevention and control organizations have repeatedly acknowledged that handwashing is the single most important procedure for preventing infections.

The components of good handwashing include using an adequate amount of soap, rubbing the hands together to create some friction and rinsing under running water. The mechanical action of washing and drying your hands removes most of the transient bacteria present.

In addition to handwashing, wearing gloves can reduce the risk of transmitting microorganisms.



Making Headlines

Making Headlines is an effort to keep all of our employees, physicians and volunteers informed about news regarding the Hospital.

This section provides you with a list of recent press releases that have been submitted to the media, as well as to our local civic leaders and government representatives.

To review any of our press releases online, visit BRRH.com. You'll find all of our current announcements on the home page.

October 28

Marcus Neuroscience Institute Uses Intraoperative MRI to Treat First Brain Tumor Case

October 23

Boca Raton Regional Hospital Staff Member Earns Lifetime Achievement Award from Soroptimist International

October 2

Boca Raton Regional Hospital Earns “Gold Plus” Achievement Award for Quality Stroke Care

October 1

Boca Raton Regional Hospital Offers Gluteus Maximus Transfer to Fix Hips

NOVEMBER

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

D-RMSL Nominates Mildred Strom for “Woman Volunteer of the Year”



Mildred Strom, the Debbie-Rand Memorial Service League 2013 Volunteer of the Year, has been nominated by D-RMSL for the Junior League of Boca Raton’s Woman Volunteer of the Year honor. The winner will be announced on November 7, during a luncheon at Boca West Country Club. The Junior League is a nonprofit organization of

women volunteers committed to developing women’s potential and improving the community.

A most deserving honoree, Mildred has served over 7,500 hours since joining D-RMSL in 1999. She has worked in the Volunteer Office since 2002 and also completed a nine-year term as Membership Chairperson. Mildred has also served on the D-RMSL Board of Trustees as a member of the Nominating Committee and the Lobby Sales Committee. In addition to her work with D-RMSL, Mildred has served as a member of the Caring Hearts Auxiliary at Florida Atlantic University’s Louis and Anne Green Memory & Wellness Center.

After retiring from a 44-year career in the broadcast advertising industry, Mildred and her late husband, Nat, moved from New York to Boynton Beach in 1989. She currently resides in Delray Beach and has one step-daughter, two grandchildren and five great-grandchildren.

We are proud of Mildred’s longstanding service to D-RMSL and wish her the best of luck on November 7!

NOVEMBER 2014 Meetings & Events:

THRIFT SHOPPE MEETING
MONDAY, NOVEMBER 10

BOARD MEETING
WEDNESDAY, NOVEMBER 19

Save the Date:

Holiday Open House
TUESDAY, DECEMBER 9

Gift Shop Open House
THURSDAY, DECEMBER 11

53rd Annual Hospital Ball
SATURDAY, JANUARY 17, 2015

D-RMSL Annual Meeting
THURSDAY, MAY 14, 2015



**BOCA RATON
REGIONAL HOSPITAL**

GIFT SHOP

561.955.4100

Safety Matters: Volunteer Trivia

D-RMSL is committed to ensuring our volunteers have the knowledge needed to keep themselves and our patients safe. As part of this commitment, we will provide a monthly safety question in this newsletter. These questions represent what a volunteer may be asked by The Joint Commission surveyor during a visit.

Congratulations to Marilyn Blitz, who answered last month's question correctly. **"True: In compliance with the Hospital's hand hygiene policy, volunteers are required to *always* wash their hands or utilize the foam station before entering a patient's room, even when performing non-contact tasks like providing a magazine or delivering flowers to a patient."** Contact Aimee Yahn-Carmichael for your prize!

This month's trivia is a two-part question: **What number would you dial if an emergency occurred in the Hospital's main building? What number would you dial in the event of an emergency if you were in one of the Hospital's other buildings?** The first person to email Aimee at ayahn-carmichael@brrh.com with the correct answer will win a pair of Cinemark Platinum Supersaver movie tickets. Best of luck!



You'll Celebrate the Treasures You Find

Stop by the **Debbie-Rand Thrift Shoppe** for all the sales and to take advantage of great deals.

Monday & Tuesday: 10am – 4pm

Wednesday: 10am – 7pm

Thursday – Saturday: 10am – 4pm

Sunday: 12pm – 4pm

903 Meadows Road, Boca Raton, FL 33486

Phone: 561.395.2208



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Boca Raton, FL



- Serving Boca Raton Regional Hospital and the surrounding community since 1943
- Arrangements for all occasions: parties, weddings, Bar & Bat Mitzvahs
- Plants, balloons, plush novelties
- We can create very unusual designed personal floral pieces
- All Boca Raton Regional Hospital volunteers, employees and physicians receive **10% discount** on all in-store or locally delivered items, plus an additional 5% discount, which will go to the Debbie-Rand Memorial Service League

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